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SPORTS THIS WEEK

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Thursday, October 8, 1998

Western Palm Beach County's Hometown Newspaper Since 1923

Volume 75 / Number 38

Lake Level
15.82 feet
above sea level
October 6, 1998



Church hosting spaghetti dinner
Canal Point United Methodist Church, 100 2nd St., Canal Point, is hosting a spaghetti dinner on Saturday, Oct. 17 from 4 to 7 p.m. The event is sponsored by the United Methodist Women and tickets are \$6 for adults, \$3 for children.

Golf Tourney for PBCC is Oct. 24
The Glades Campus of Palm Beach Community College is sponsoring their annual Scholarship Golf Tournament on Saturday, Oct. 24 at the Belle Glade Municipal Golf Course. Prizes will be awarded for first through fourth place, closest to the pin, longest drive, most accurate drive and a hole-in-one. Registration is at 8 a.m. and tee-off is at 9 a.m. For more information call 996-6605.

Miracle Temple in revival
Miracle Temple Ministries, 104 S.W. 16th Street, Belle Glade is hosting Southern Gospel Music on Oct. 10 from 7-9 p.m. This month, the church presents The Hamiltons from Tampa. The church is also in revival this week until Sunday, Oct. 11 at 7 p.m. nightly. On Sunday it will be at 11 a.m. and 6 p.m. Pastor Alvin Nichols invites everyone to come out and enjoy revival services and Southern Gospel Music.

Lake Shore advisory meeting
The School Advisory Council at Lake Shore Middle School will meet Tuesday, Oct. 13 at 6:30 p.m. in the media center. Council members and parents are asked to attend. Anyone with questions can call 993-4046.

Continued on P. 5

The Sun

50¢



TWO INJURED IN ACCIDENT...The driver and his passenger in this 1984 Dodge Charger were injured when they collided with a semi on SR 880 and S.E. Ave. E., Belle Glade about 9:15 a.m. on Monday. Officer Michael Woodside said the driver, Lawrence Roker, 64, of South Bay and his passenger, Leon Smith, 64, of Belle Glade were taken by trauma Hawk to St. Mary's Medical Center after the accident. The driver of the semi, Johnny Louis McDonald, 51, of Lake Worth was not injured. Officer Woodside said Roker and Smith were not wearing seat belts and suffered facial lacerations and other injuries. Charges have not been filed yet in the accident.

SUNPHOTO by Penny Lester

Glades businessman talks about his heart disease to promote Saturday's Heart Walk

Last year Carl Courson, owner of Belle Glade Wholesale, had quadruple bypass surgery and a heart attack during the surgery. Today, at 38, Carl is a heart survivor. He has many of the major risk factors of heart disease—stress, smoking, high cholesterol, overweight and a family history of heart disease. Carl had lost his father to a heart attack when he was only 47. Being young and having his own business and family of four, Carl never thought he would be a candidate for heart disease.

On August 30, 1997, Carl experienced chest pains. It was then that he went to Palms West Hospital for an angioplasty. During the angioplasty, doctors discovered he had badly clogged arteries and would need to go to JFK Medical Center for quadruple bypass surgery.

At the time, his cholesterol

count was over 300. During the surgery, Carl went into cardiac arrest.

Now after cardiac rehabilitation at Glades General Hospital and cholesterol lowering drugs, Carl has a cholesterol count of 159, with 41 of that "good cholesterol," said Carl. "I used to think you couldn't eat fish without frying it," said Carl.

Thanks to American Heart Association funded research, Carl will be walking in the Belle Glade Heart Walk with his two sons, James and Stevie, and his wife, Anita. As an Honorary Red Cap Ambassador, Carl will be wearing a special red cap.

Hundreds of other people from the Glades will also take steps to fight heart disease and stroke at the annual American Heart Association Heart Walk on Saturday, Oct. 10 at 7:30 a.m. at the Belle Glade Marina. The walk is part of the na-

tional American Heart Association event held in over 1,000 locations nationwide. Top sponsors for this year's walk are Kellogg's and Winn Dixie.

"Heart disease is America's leading killer, and stroke is the leading cause of serious disability," said Terri Casletta of Glades General Hospital. "Through the American Heart Walk we not only educate people about how to prevent these diseases, but also raise funds to support lifesaving research."

The event participants will be raising funds to support American Heart Association research and educational programs.

In return for these efforts, each walker who raises \$100 or more will earn an American Heart Walk t-shirt and other thank-you prizes.

Anyone with questions can call Glades Heart Walk Chair Elizabeth Hernandez at 996-0129.

South Bay Commission sets final millage rate

By Brenda Bunting
Editor

South Bay Commissioners set a millage rate of 9.2889 at a recent commission meeting.

City Clerk Virginia Walker said the rate is the same as it has been for the past five years.

The city's total budget for 1998-99 is \$6,675,432 and includes a two percent across-the-board raise for all city employees, and up to a three percent merit raise for some employees.

The millage rate will constitute a city tax of \$332.00 for a

homeowner with a home appraised at \$60,000 with a \$25,000 homestead exemption, said Mrs. Walker, but since county tax appraisals are up by about five percent, many South Bay homeowners will see a higher tax bill in November.

Mrs. Walker said the city was able to keep taxes at the same rate because they received several grants to enhance and improve the city, including a \$15,000 Florida Inland Navigation grant and a \$1,336 million Office of Tourism, Trade and Economic Development grant.

Two Independent team leaders named publishers



Kerry Faunce

Independent Newspapers of Florida, publisher of The Sun, has announced promotions of two of its Florida team leaders.

Kerry Faunce, a longtime Glades area resident, has been named publisher of The Sun, Clewiston News, Glades County Democrat, Caloosa Bells (in LaBelle) and Immokalee Bulletin. Judy Kasten, a 19-year veteran at Independent, becomes publisher of the daily Okeechobee News and its affiliated publications.

In his new role as publisher, Mr. Faunce will coordinate with the existing department leaders at those community weeklies. He joined Independent as an associate editor at the Oke-

chobee News in 1995 and later became editor and general manager of the Clewiston and Moore Haven weeklies.

Mr. Faunce is no stranger to the newspaper business or south-central Florida, having worked for weeklies in the Belle Glade, Clewiston and LaBelle areas in the 1970s and 1980s. Before his return to newspapering, he had served as marketing and public relations director of two Florida hospitals.

Mr. Faunce is a graduate of the University of Central Florida. His wife's name is Terri and he has one daughter.

Ms. Kasten began her career with Independent at the weekly Arcadian as a customer service representative. She advanced to advertising and marketing roles at weeklies in Arcadia, LaBelle and Immokalee before becoming publisher of the Okeechobee News when it was weekly. When the paper became a daily in 1992, she was named advertising director.

As publisher, Ms. Kasten will continue to lead the ad-

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Belle Glade Commission elects Bill Mathis mayor

By Brenda Bunting
Editor

Belle Glade City Commissioners elected a new mayor at Monday night's regular commission meeting. D. Bill Mathis was elected mayor of Belle Glade. Newly-elected Commissioner Harma Miller was named Vice Mayor and Steve Weeks was chosen Treasurer.

Mr. Mathis, 65, is serving his first term as a city commissioner. He will be taking over the mayor's position from Mr. Weeks, who was first elected to the commission in 1989 and served in the position of mayor five times, from 1993 until now.

Mayor Mathis says he will enjoy the challenge of serving as mayor for this city and welcomes citizen's comments and concerns about their city government.

Mayor Mathis has lived in Belle Glade since he was in the first grade. He and his wife, Bobbie, live at 800 N.E. 3rd Street.

He was the city's police chief from 1977 to 1986 and the city



D. Bill Mathis

manager from 1987-1990 when he retired. He took the position as town manager in Ocean Ridge in 1993, and after three years moved back to Belle Glade.

Mr. Mathis has said he believes his extensive background in city government can be an asset to the city and he wants to help the community move forward with the development of the Belle Glade Business Park, finding funding to build a youth center and in selecting a new city manager.



HEART ATTACK SURVIVOR Carl Courson and his family will be walking in Saturday's American Heart Association Heart Walk at the Belle Glade Marina. Shown with Carl is his wife, Anita, and sons James, 13, and Stevie, 8.

SUNPHOTO by Brenda Bunting

Coming soon: Cooler, drier weather

It's been said that Florida has two seasons - hot and hotter. Who actually said that is uncertain, but it was probably someone who had suffered through a typically sizzling Florida summer.

Actually, that anonymous source is nearly correct. Our climate does feature two predominant seasons: not hot and hotter, but wetter and drier.

The wet season, otherwise known as summer, is hot, humid and very wet. Yet, it's not just the heat and heavy rain that makes Florida's summers so tough. What drives most of us crazy is the monotony of our weather.

Day after day, the elements are essentially the same: blis-



By Mike Lyons
WBPF-TV

tering heat, wretchedly high humidity and thunderstorms strong enough, to shake your house. It's re-run weather from June through October.

Mother Nature did break the

tediousness a bit this summer when dense smoke from brush fires in central Florida swept across the area. Given the choice between smoke and storms, I'd choose the storm any day.

The dry season, which is jokingly referred to as winter, is often the most wonderful time of the year. The cool temperature, the lower humidities and the crystal clear skies transform Florida into a true paradise. It's the weather that made the Sunshine State famous, and very crowded from December to April.

What happened to spring and fall? According to the National Weather Service, they don't exist in our part of Florida.

"Spring and fall are included in the winter season categorization," said Jim Lushine of the National Weather Service in Miami. "Spring and fall are transition periods and are drier and cooler than the summer season."

So, when can we expect that transition to drier and cooler air? After all, this summer has been especially rough.

June was the hottest month on record across most of the state. Daytona Beach, Melbourne and Orlando experienced 100-degree weather for weeks. In our area, the mercury topped 94 degrees 18 times!

July was a scorcher, too, with 27 of the 31 days featuring

afternoon highs in the 90s.

There was little change in August, another month of above normal temperatures.

September was hot, too, although most of us didn't notice because we were preoccupied putting up our hurricane shutters.

Now that October has arrived, everyone wants to know when cooler, drier weather will return to south Florida. If Jim Lushine is correct, we won't have to wait very long.

"The average day that the summer season ends is October 17," Jim said.

To come up with that date, Lushine examined weather records for the last 42 years. Three meteorological param-

eters - average daily dew point temperature, daily minimum temperature and 24-hour rain fall amounts - were subjectively examined to determine the ending dates of summer.

Jim's research revealed the earliest date that summer has ended is September 24, 1883, while the latest ending date was November 5, 1995. The median date was October 17.

I've already seen the signs of changing weather patterns around the northern half of the country. Just the other day, for example, two feet of snow fell in the Black Hills of South Dakota.

It won't be long before Florida's second season gets underway.

By Twila Valentine

Twenty-first in a series

In the 21st part of this series, we continue looking at the individual projects contained in this planning document, concentrating on the various projects associated with the various district projects. These projects are included in the South Florida Water Management District's 1998 Land Acquisition and Management Plan.

It includes all the individual projects planned and which cover the district's 16-county area.

• **Water Conservation Areas**
More than 100,000 acres in

Dade, Broward and Palm Beach counties are included in the various water conservation areas, which are part of the original Central and Southern Florida Flood Control Project. The large areas or remnants Everglades surrounded by levees and canals were created to provide water supply and flood control to South Florida.

According to the report, there are a total of 103,635 acres in the project. The district currently has acquired 60,089 acres and there are 43,546 acres remaining to be acquired.

The original Save Our Rivers Program mandated this acquisition in order to protect this area's role in long-term water-resource management.

The district and the US Army Corps of Engineers regu-

late water levels in the three WCAs based on criteria established in the 1950s and amended over the years to meet changing conditions.

The general purpose of the schedule is to store floodwaters from developed areas adjacent to the WCAs for later use during the dry season. When setting the schedules, the Corps considers the needs of wildlife indigenous to the areas and the requirements of emergent vegetation.

Water releases from the WCAs during the dry season and particularly during drought conditions are vital to maintaining adequate water levels in coastal canals and wetlands to prevent saltwater intrusion.

Flows from these same conservation areas are essential

to the well being of Everglades National Park.

The amount and manner of delivery of these flows has and continues to be the subject of intense public debate. Much work has been done to devise a delivery system that most closely approximates historical patterns.

The US Fish and Wildlife Service manages WCA-1 as the Arthur R. Marshall Loxahatchee National Wildlife Refuge. The other two WCAs are managed by the Florida Game and Fresh Water Fish Commission as the Everglades Wildlife Management Area under agreements with the district.

The district staff members have conducted environmental research in the WCAs for many years, concentrating on

the effects of water quality and quantity on the plants and animals. In recent years, efforts to halt backpumping into Lake Okechobee have resulted in increased water flows from the Everglades Agricultural Area south into WCA-3. Because of the high amounts of nutrients in the farm runoff, this action in turn appears to have triggered certain vegetative changes in the WCA, the report states.

Officials in Everglades National Park are concerned that water quality problems appearing in WCA-3 will move on to the park unless remedial action is taken. All parties are actively working to find acceptable solutions to this problem.

The water conservation areas are important outdoor

recreation areas used heavily by the public for fishing, hunting, boating, frogging, and nature appreciation. Over the years, numerous recreation sites and facilities have been provided for public access.

Site development has generally followed the recommendations set forth in two published recreation plans: Recreation Plan, the Area South of Lake Okechobee, prepared in 1960 for the district and, Recreational Development of the Everglades Water Conservation Areas and the five-year Plan 1973-1978, prepared in 1974. Both the US Fish and Wildlife Service and the Florida Game and Fresh Water Fish Commission have established rules and regulations governing public use of these areas.

Share your life story with loved ones

By Dick Randall

Wouldn't it be great if your parents or grandparents had written the story of their life? We could read and re-read it, and pass the information on to our own children and grandchildren.

What's that, you say? Your relatives who are gone now didn't record the story of their lives? You don't know what they did, what important events happened to them, or what great stories they had to tell?

As for me, I don't have all

that wonderful information. My parents and grandparents never sat down and recorded the story of their lives. Since they're gone now, it's too late to go back and get their tales of life as they experienced it.

What can I do? Well, for one thing, I can tell the story of My life, so that my children will have something to pass on to their children. If I don't tell the story of my life, who will?

Frank P. Thomas, in his book, *How to Write the Story of Your Life* (Writer's Digest Books), offers a friendly, step-by-step guide to recording your life for generations to come. He provides important writing tips and over 500 "memory sparkers" to help recall forgotten events in each stage of your life.

"Your life is a precious piece of time that should not be forgotten," says Thomas, "Members of your family want to know more about your life than you think. To them, you are the connection, the bridge between the remarkable past and the present."

In fact, you are history, and history disappears if you don't record it. We have been living through one of the most event-packed periods in our history.

We have been through wars, depressions, recessions and inflation. We have split legs and split the atom, moved from crystal sets to satellite TV, gone from mustard plasters to heart transplants. We have experienced tremendous changes firsthand. We have stories to tell that no one else has experi-

enced.

I have a neighbor in his 70s who told me last year that he wanted to buy a computer, so he could write his memoirs. He had never owned a computer before, so we shopped together and he purchased a computer, color printer and a scanner.

After a few days of getting used to his computer, he's been writing for about eight months and he tells me he is almost finished. He has tales of his early life in Virginia, stories of his experience as a tail gunner on B-29 bombers during World War II, his marriage after the war, raising his family and his life in the corporate world.

Soon my friend will be putting it all together in a spiral bound book entitled, "Looking Over My Shoulder." I was so fascinated by his tales that I insisted that he give me one of the first copies so I could share his adventures.

Thomas suggests that you write in episodes, one chapter at a time. Let your memoirs honestly reflect life as you lived and observed it. Candor adds human interest. The more you reveal of yourself, the more readily your reader can identify with you. Thomas emphasizes, "If you can write a friendly letter, you can surely write your life story."

Every good story has a beginning, a middle and an end. Start your story with your birth and early childhood. Tell about your early school years. What was it like when you were in school? Were things any differ-

ent as compared to now?

What was it like to be a teenager back then? Do you remember your first love? How did you handle your transition into adulthood? Tell stories about your friends and people you knew as well as about family members. All of these are memories that tell the story of your life.

Add photographs to your memoirs. They can be glued, scanned or copied onto the pages of your memoirs. You should always choose the ones in which you appear most natural and attractive. In choosing your photos, you are looking for highlights, the ones that trigger the greatest memories and tell the ones that best help to tell the story of your life.

If you prefer, you can tell the story of your life using home movies, slides and/or photographs. Arrange them in chronological order and have them transferred to video tape. Have the video transfer service add appropriate titles and music as needed.

I have seen old home movies from the 1930s transferred to video tape and the quality was

very good. Old photographs and postcards from the 1800s also have transferred well to video tape. It seems the younger folks like the idea of dropping a video tape into their VCR and sitting back to watch their family history come to life.

Whether you write your memoirs or use video to tell the story, you have left something that will be enjoyed for generations to come. A family heirloom might be an accurate description of your personal life story.

Don't let your personal history go unrecorded. Frank Thomas has taught us that we all have a unique story to tell, no matter how ordinary we consider ourselves to be. Your memories and a little creative effort are all you need to leave a legacy for generations to come.

Dick Randall has written numerous articles of interest to seniors. He has also published "How To" books for seniors age 50+. You may write him at: Suncoast USA, P.O. Box 6171, Sun City Center, FL 33571-6171.

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Are you overweight? Do the math

The National Institute of Health recently declared that more than half of all Americans are so overweight that their excess girth contributes to health problems.

Instead of height and weight charts, they now point to a new system called the Body Mass Index, or BMI.

To determine your BMI, multiply your weight in pounds by 703, then divide by your height in inches, squared.

BMI = weight in pounds x 703
height in inches x height in inches

If your BMI is over 25, the National Institute of Health says you're fat.

When I first heard about this formula, it occurred to me that most Americans probably



By Katrina Elksen,
Contributing Editor

will never know whether or not their BMI is more than 25, because they won't be able to do the math — at least not without a calculator.

That could be why there has not been any uproar over the National Health Institute's

news.

Also in the news this week was a story about a "plus size" model who spent years agonizing over her weight before accepting her natural size. It was only when she started modeling as a "plus" that she became rich and famous. At a towering 5 foot 11 inches, she tips the scale at 180 pounds.

To find out her BMI, we multiply 180 by 703 and get 126,540. We then multiply her height in inches (71) by itself, to get 5041. Then we divide 126,540 by 5041 and we get 25. So, according to NIH standards, this "plus size" model is right on the borderline.

All right, so very few women are that statuesque. So let's look at some more average

heights.

For example, take someone who is five foot even. For the bottom part of the equation, that's 60 inches times 60 inches, or 3600. If this hypothetical person weighs in a 100 pounds, the top part of the formula would be 100 times 703, or 70300. Divide 70300 by 3600 and you get a BMI of 19.5, well below the NIH guideline.

If this same person weighs 120, the BMI would be 23. At 125 pounds, the BMI goes up to 24. But add ten more pounds and at 130, this person has a BMI of 26.

Or consider someone who is five foot six inches tall. That's 66 inches squared, or 4356. If this person weighs 130 pounds, his or her BMI would

be 21. At 140 pounds, the BMI would go up to 22.5. At 150, the BMI would be 24.

Obviously, when it comes to this "right weight" formula, there is a big advantage to being tall.

Some researchers say that the BMI 25 limit is actually designed for men. They claim women, who tend to have fuller bodies, should get their sights on lower BMI numbers, around 20 or 22.

I am sure the National Institute of Health has good intentions. They want those who are overweight to start watching their diet and getting more exercise. But their formula does not take some things into consideration.

For example, muscle weighs more than fat. It is entirely

possible for a person who is five foot six inches and weighs 130 pounds to be in better physical condition than a person who is five foot six inches tall and weighs 120 pounds. The person who weighs 130 might be eating a balanced diet, running three miles a day and lifting weights while the 120 pound person might simply be laying around on the couch refusing to eat.

I seriously doubt the highly publicized news of importance of the Body Mass Index will make any real difference in how Americans eat and exercise, that is unless the mental energy necessary to compute your own BMI is sufficient to offset the calories consumed in frustration over trying to do the math.

Water preferred beverage year-round

Physicians recommend drinking before you're thirsty

(NAPS)—You've probably heard the warnings about not drinking enough water during the summer months. However, your body needs an adequate supply of water regardless of the time of year. Among other things, water regulates body temperature (through perspiration), transports nutrients throughout the body, cushions the joints, protects body organs and tissues, helps with food digestion and rids the body of waste products.

Drinking an adequate amount of water year-round is a key ingredient in a healthy lifestyle. Even in the fall and winter seasons, dry outside temperatures and heated indoor environments evaporate moisture from your skin and contribute to fluid loss. Not drinking enough water to replenish these fluids can easily lead to dehydration, which can cause fatigue, impaired physical ability, weakness, dizziness, headaches and other health ailments.^{1,2}

The water quality experts at Kinetico Incorporated,³ a lead-

ing manufacturer of quality water treatment systems, point out that you may not be drinking enough water if you:

- Feel tired although you've had plenty of rest.
- Cramp up during exercise despite having stretched beforehand.
- Easily lose your concentration throughout the day.

• Feel thirsty.
Of all the symptoms of dehydration, thirst is probably the most misunderstood. Although many people think they should only intake fluids whenever they start to get thirsty, doctors recommend drinking before you get thirsty. In fact, by the time you feel thirsty, you are probably already dehydrated.

Why must water be replenished on an ongoing basis?

- First, the average adult body is 55-75 percent water (10-12 gallons).
- Second, the average person's brain is comprised of 75-80 percent water.
- Third, during the course of a day, adults can lose up to 10

cups of water through normal body processes.

Finally, although we can get water from other beverages and foods, including most fruits and vegetables, water alone is the best source of daily fluid replenishment because it contains no calories or caffeine.

Medical professionals recommend drinking eight glasses of water during an average day. On hot days or on days when you're exceptionally active, you may need more water. It is especially important to drink before, during and after exercise.

The reality, however, is that many Americans don't drink as much water as they should. And the reason most often cited—poor-tasting tap water.

To alleviate this problem, many consumers are turning to in-home drinking water systems which can provide consistently good-tasting water at your fingertips—without the cost or inconvenience of bottled water.

Although there are many

drinking water treatment options on the market today, only a few do more than simply improve the taste and aesthetics of water.

So, how does a homeowner choose the best system? For those looking for consistently great tasting, high-quality water, a reverse osmosis (RO) system is an ideal option. In fact, RO systems are recognized by the EPA as the most effective at reducing lead that may be in the water, and the Centers for Disease Control recommends them for reducing cryptosporidium.

Consumers should also look for a drinking water system that offers important safeguards, such as Kinetico's MACGuard Filter™. This feature, which is unlike any other on the market, prevents the filter from being overused and dumping impurities back into the water by alerting consumers when the carbon filter needs to be changed.

In addition, Kinetico offers the patented EverClean Rinse™, which automatically

cleans the system with high-quality water—unlike most brands that cleanse the internal membrane with untreated water, or not at all. This is important as it extends the life of the product and ensures that every drop of water is equally as good.

For more information about the water you drink, call Kinetico at 1-800-944-WATER (9283) and request the FREE Consumer's Guide to Protecting the Water Your Family Drinks. Or visit Kinetico's Web site at www.kinetico.com for more information about water.

Allergies cost millions of dollars

(NAPS)—This year's allergy season is expected to be one of the worst. And that's bad news for the one in ten U.S. employees who suffer from allergies and for the companies they work for.

According to a study by Hewitt Associates, allergies cause increased absenteeism and reduced productivity in the workplace, potentially costing U.S. companies more than \$250 million this year. Surveying more than 2,000 employees at 30 U.S. companies, the study found:

- Employees who use non-prescription medication say they most often miss work because of drowsiness, while those who use prescription medicine to alleviate allergy symptoms most often miss work because of planned doctor appointments.

• 83 percent of workers say they are not as effective at work due to allergy symptoms. On average, employees estimate they are 26 percent less effective at work when affected by allergies.

• The average number of workdays employees report they're

affected by allergies during a year is 68.7.

When you combine the cost of missed workdays with reduced productivity, we estimate that companies can lose an average of

\$2,000 a year per allergy sufferer," says Camille Haltom, a health care consultant with Hewitt Associates.

According to the American Academy of Allergy, Asthma and Immunology, seasonal allergies

have two peak seasons a year, but also can persist year-round.

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Coming soon: Cooler, drier weather

It's been said that Florida has two seasons - hot and hotter. Who actually said that is uncertain, but it was probably someone who had suffered through a typically sizzling Florida summer.

Actually, that anonymous source is nearly correct. Our climate does feature two predominant seasons: not hot and hotter, but wetter and drier.

The wet season, otherwise known as summer, is hot, humid and very wet. Yet, it's not just the heat and heavy rain that makes Florida's summers so tough. What drives most of us crazy is the monotony of our weather.

Day after day, the elements are essentially the same: blis-



By Mike Lyons
WPBF-TV

tering heat, wetly high humidity and thunderstorms strong enough to shake your house. It's re-run weather from June through October. Mother Nature did break the

tedium a bit this summer when dense smoke from brush fires in central Florida swept across the area. Given the choice between smoke and storms, I'd choose the storm any day.

The dry season, which we jokingly refer to as winter, is often the most wonderful time of the year. The cool temperature, the lower humidities and the crystal clear skies transform Florida into a true paradise. It's the weather that made the Sunshine State famous, and very crowded from December to April.

What happened to spring and fall? According to the National Weather Service, they don't exist in our part of Florida.

"Spring and fall are included in the winter season categorization," said Jim Lushine of the National Weather Service in Miami. "Spring and fall are transition periods and are drier and cooler than the summer season."

So, when can we expect that transition to drier and cooler air? After all, this summer has been especially rough.

June was the hottest month on record across most of the state. Daytona Beach, Melbourne and Orlando experienced 100-degree weather for weeks. In our area, the mercury topped 94 degrees 18 times.

July was a scorcher, too, with 27 of the 31 days featuring

afternoon highs in the 90s.

There was little change in August, another month of above normal temperatures.

September was hot, too, although most of us didn't notice because we were preoccupied putting up our hurricane shutters.

Now that October has arrived, everyone wants to know when cooler, drier weather will return to south Florida. If Jim Lushine is correct, we won't have to wait very long.

"The average day that the summer season ends is October 17," Jim said.

To come up with that date, Lushine examined weather records for the last 42 years. Three meteorological param-

eters - average daily dew point temperature, daily minimum temperature and 24-hour rain fall amounts - were subjectively examined to determine the ending dates of summer.

Jim's research revealed the earliest date that summer has ended is September 24, 1983, while the latest ending date was November 5, 1995. The median date was October 17.

I've already seen the signs of changing weather patterns around the northern half of the country. Just the other day, for example, two feet of snow fell in the Black Hills of South Dakota.

It won't be long before Florida's second season gets underway.

Save our Rivers

By Twila Valentine

Twenty-first in a series

In the 21st part of this series, we continue looking at the individual projects contained in this planning document, concentrating on the various projects associated with the various district projects. These projects are included the South Florida Water Management District's 1998 Land Acquisition and Management Plan.

It includes all the individual projects planned and which cover the district's 16-county area.

• **Water Conservation Areas**

More than 100,000 acres in

late water levels in the three WCAs based on criteria established in the 1950s and amended over the years to meet changing conditions.

The general purpose of the schedule is to store floodwaters from developed areas adjacent to the WCAs for later use during the dry season. When setting the schedules, the Corps considers the needs of the indigenous to the areas and the requirements of emergent vegetation.

Water releases from the WCAs during the dry season and particularly during drought conditions are vital to maintaining adequate water levels in coastal canals and wetlands to prevent saltwater intrusion.

Flows from these same conservation areas are essential to the well being of Everglades National Park.

The amount and manner of delivery of these flows has and continues to be the subject of intense public debate. Much work has been done to devise a delivery system that most closely approximates historical patterns.

The US Fish and Wildlife Service manages WCA-1 as the Arthur R. Marshall Leokatchee National Wildlife Refuge. The other two WCAs are managed by the Florida Game and Fresh Water Fish Commission as the Everglades Wildlife Management Area under agreements with the district.

The district staff members have conducted environmental research in the WCAs for many years, concentrating on

the effects of water quality and quantity on the plants and animals. In recent years, efforts to halt backpumping into Lake Okeechobee have resulted in increased water flows from the Everglades Agricultural Area south into WCA-3. Because of the high amounts of nutrients in the farm runoff, this action in turn appears to have triggered certain vegetative changes in the WCA, the report states.

Officials in Everglades National Park are concerned that water quality problems appearing in WCA-3 will move on to the park unless remedial action is taken. All parties are actively working to find acceptable solutions to this problem.

The water conservation areas are important outdoor recreation areas used heavily by the public for fishing, hunting, boating, frogging, and nature appreciation. Over the years, numerous recreation sites and facilities have been provided for public access.

Site development has generally followed the recommendations set forth in two published recreational plans: Recreation Plan, the Area South of Lake Okeechobee, prepared in 1960 for the district; and, Recreational Development of the Everglades Water Conservation Areas and the five-year Plan 1973-1978, prepared in 1974. Both the US Fish and Wildlife Service and the Florida Game and Fresh Water Fish Commission have established rules and regulations governing public use of these areas.

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Share your life story with loved ones

By Dick Randall

Wouldn't it be great if your parents or grandparents had written the story of their life? We could read and re-read it, and pass the information on to our own children and grandchildren.

What's that, you say? Your relatives who are gone now didn't record the story of their lives? You don't know what they did, what important events happened to them, or what great stories they had to tell?

As for me, I don't have all that wonderful information. My parents and grandparents never sat down and recorded the story of their lives. Since they're gone now, it's too late to go back and get their tales of life as they experienced it.

What can I do? Well, for one thing, I can tell the story of MY life, so that my children will have something to pass on to their children. If I don't tell the story of my life, who will?

Frank P. Thomas, in his book, *How to Write the Story of Your Life* (Writer's Digest Books), offers a friendly, step-by-step guide to recording your life for generations to come. He provides important writing tips and over 500 "memory sparkers" to help recall forgotten events in each stage of your life.

"Your life is a precious piece of time that should not be forgotten," says Thomas. "Members of your family want to know more about your life than you think. To them, you are the connection, the bridge between the remarkable past and the present."

In fact, you are history, and history disappears if you don't record it. We have been living through one of the most eventful periods in our history.

We have been through wars, depressions, recessions and inflation. We have split logs and split the atom, moved from crystal sets to satellite TV, gone from mustard plasters to heart transplants. We have experienced tremendous changes firsthand. We have stories to tell that no one else has experi-

enced.

I have a neighbor in his 70s who told me last year that he wanted to buy a computer so he could write his memoirs. He had never owned a computer before, so we shopped together and he purchased a computer, color printer and a scanner.

After a few days of getting used to his computer, he's been writing for about eight months and he tells me he is almost finished. He has tales of his early life in Virginia, stories of his experience as a tail gunner on B-29 bombers during World War II, his marriage after the war, raising his family and his life in the corporate world.

Soon my friend will be putting it all together in a spiral bound book entitled, "Looking Over My Shoulder." I was so fascinated by his tales that I insisted that he give me one of the first copies so I could share his adventures.

Thomas suggests that you write in episodes, one chapter at a time. Let your memoirs honestly reflect life as you lived and observed it. Candor also human interest. The more you reveal of yourself, the more readily your reader can identify with you. Thomas emphasizes, "If you can write a friendly letter, you can surely write your life story."

Every good story has a beginning, a middle and an end. Start your story with your birth and early childhood. Tell about your early school years. What was it like when you were in school? Were things any differ-

ent as compared to now?

What was it like to be a teenager back then? Do you remember your first love? How did you handle your transition into adulthood? Tell stories about your friends and people you knew as well as about family members. All of these are memories that tell the story of your life.

Add photographs to your memoirs. They can be glued, scanned or copied onto the pages of your memoirs. You should always choose the ones in which you appear most natural and attractive. In choosing your photos, you are looking for highlights, the ones that trigger the greatest memories and the ones that best help to tell the story of your life.

If you prefer, you can tell the story of your life using home movies, slides and/or photographs. Arrange them in chronological order and have them transferred to video tape. Have the video transfer service add appropriate titles and music as needed.

I have seen old home movies from the 1930s transferred to video tape and the quality was

very good. Old photographs and postcards from the 1800s also have transferred well to video tape. It seems the younger folks like the idea of dropping a video tape into their VCR and sitting back to watch their family history come to life.

Whether you write your memoirs or use video to tell the story, you have left something that will be enjoyed for generations to come. A family heirloom might be an accurate description of your personal life story.

Don't let your personal history go unrecorded. Frank Thomas has taught us that we all have a unique story to tell, no matter how ordinary we consider ourselves to be. Your memories and a little creative effort are all you need to leave a legacy for generations to come.

Dick Randall has written numerous articles of interest to seniors. He has also published "How To" books for seniors age 50+. You may write him at: Suncoast USA, P.O. Box 6171, Sun City Center, FL 33571-6171.

Phoebos Middle/Senior High School will be holding a Senior class parent meeting on October 12 at 6 p.m. in the school's cafeteria. All parents of Seniors are asked to attend to discuss Senior activities for '98-'99 and Senior financial responsibilities.

For more information, contact Ms. J. Bass at 924-6464, ext. 3171.

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DUE TO THEFT OF NEWSPAPER BOXES, THE SUN NEWSPAPER CAN BE PURCHASED INSIDE THE FOLLOWING LOCATIONS:

Are you overweight? Do the math

The National Institute of Health recently declared that more than half of all Americans are so overweight that their excess girth contributes to health problems.

Instead of height and weight charts, they now point to a new system called the Body Mass Index, or BMI.

To determine your BMI, multiply your weight in pounds by 703, then divide by your height in inches, squared.

BMI = weight in pounds x 703
height in inches x height in inches

If your BMI is over 25, the National Institute of Health says you're fat.

When I first heard of this formula, it occurred to me that most Americans probably



By Katrina Elksen,
Contributing Editor

will never know whether or not their BMI is more than 25, because they won't be able to do the math—at least not without a calculator.

That could be why there has not been any uproar over the National Health Institute's

news.

Also in the news this week was a story about a "plus size" model who spent years agonizing over her weight before accepting her natural size. It was only when she started modeling as a "plus" that she became rich and famous. At a towering 5 foot 11 inches, she tips the scale at 180 pounds.

To find out her BMI, we multiply 180 by 703 and get 126,540. We then multiply her height in inches (71) by itself, to get 5041. Then we divide 126,540 by 5041 and we get 25. So, according to NIH standards, this "plus size" model is right on the borderline.

All right, so very few women are that statuesque. So let's look at some more average

heights.

For example, take someone who is five foot even. For the bottom part of the equation, that's 60 inches times 60 inches, or 3600. If this hypothetical person weighs in at 100 pounds, the top part of the formula would be 100 times 703, or 70300. Divide 70300 by 3600 and you get a BMI of 19.5, well below the NIH guideline.

If this same person weighs 120, the BMI would be 23. At 125 pounds, the BMI goes up to 24. But add ten more pounds and at 130, this person has a BMI of 26.

Or consider someone who is five foot six inches tall. That's 66 inches squared, or 4356. If this person weighs 130 pounds, his or her BMI would

be 21. At 140 pounds, the BMI would go up to 22.5. At 150, the BMI would be 24.

Obviously, when it comes to this "right weight" formula, there is a big advantage to being tall.

Some researchers say that the BMI 25 limit is actually designed for men. They claim women, who tend to have firmer builds, should set their sights on lower BMI numbers, around 20 or 22.

I am sure the National Institute of Health has good intentions. They want those who are overweight to start watching their diet and getting more exercise. But their formula does not take some things into consideration.

For example, muscle weighs more than fat. It is entirely

possible for a person who is five foot six inches and weighs 130 pounds to be in better physical condition than a person who is five foot six inches tall and weighs 120 pounds. The person who weighs 130 might be eating a balanced diet, running three miles a day and lifting weights while the 120 pound person might simply be lying around on the couch refusing to eat.

I seriously doubt the highly publicized news of importance of the Body Mass Index will make any real difference in how Americans eat and exercise, that is unless the mental anxiety necessary to compute your own BMI is sufficient to offset the calories consumed in frustration over trying to do the math.

Water preferred beverage year-round

Physicians recommend drinking before you're thirsty

(NAPS)—You've probably heard the warnings about not drinking enough water during the summer months. However, your body needs an adequate supply of water regardless of the time of year. Among other things, water regulates body temperature (through perspiration), transports nutrients throughout the body, cushions the joints, protects body organs and tissues, helps with food digestion and rids the body of waste products.

Drinking an adequate amount of water year-round is a key ingredient in a healthy lifestyle. Even in the fall and winter seasons, dry outside temperatures and heated indoor environments evaporate moisture from your skin and contribute to fluid loss. Not drinking enough water to replenish these fluids can easily lead to dehydration, which can cause fatigue, impaired physical ability, weakness, dizziness, headaches and other health ailments.

The water quality experts at Kinetic Incorporated, a lead-

ing manufacturer of quality water treatment systems, point out that you may not be drinking enough water if you:

- Feel tired although you've had plenty of rest.
- Cramp up during exercise despite having stretched beforehand.
- Easily lose your concentration throughout the day.
- Feel thirsty.

Of all the symptoms of dehydration, thirst is probably the most misunderstood. Although many people think they should only intake fluids whenever they start to get thirsty, doctors recommend drinking before you get thirsty. In fact, by the time you feel thirsty, you are probably already dehydrated.

Why must water be replenished on an ongoing basis?

- First, the average adult body is 55-75 percent water (10-12 gallons).
- Second, the average person's brain is comprised of 75-80 percent water.
- Third, during the course of a day, adults can lose up to 10

cups of water through normal body processes.

Finally, although we can get water from other beverages and foods, including most fruits and vegetables, water alone is the best source of daily fluid replenishment because it contains no calories or caffeine.

Medical professionals recommend drinking eight glasses of water during an average day. On hot days or on days when you're exceptionally active, you may need more water. It is especially important to drink before, during and after exercise.

The reality, however, is that many Americans don't drink as much water as they should. And the reason most often cited—poor tasting tap water.

To alleviate this problem, many consumers are turning to in-home drinking water systems which can provide consistently good-tasting water at your fingertips—without the cost or inconvenience of bottled water.

Although there are many

drinking water treatment options on the market today, only a few more than simply improve the taste and aesthetics of water.

So, how does a homeowner choose the best system? For those looking for consistently great tasting, high-quality water, a reverse osmosis (RO) system is an ideal option. In fact, RO systems are recognized by the EPA as the most effective at reducing lead that may be in the water, and the Centers for Disease Control recommends them for reducing cryptosporidium.

Consumers should also look for a drinking water system that offers important safeguards, such as Kinetic's MACGuard Filter™. This feature, which is unlike any other on the market, prevents the filter from being overused and dumping impurities back into the water by alerting consumers when the carbon filter needs to be changed.

In addition, Kinetic offers the patented EverClean Rinse™, which automatically

cleans the system with high-quality water—unlike most brands that cleanse the internal membrane with untreated water, or not at all. This is important as it extends the life of the product and ensures that every drop of water is equally as good.

For more information about the water you drink, call Kinetic at 1-800-944-WATER (9283) and request the FREE Consumer's Guide to Protecting the Water Your Family Drinks. Or visit Kinetic's Web site at www.kinetic.com for more information about water.

Allergies cost millions of dollars

(NAPS)—This year's allergy season is expected to be one of the worst. And that's had news for the one in ten U.S. employees who suffer from allergies and for the companies they work for.

According to a study by Hewitt Associates, allergies cause increased absenteeism and reduced productivity in the workplace, potentially costing U.S. companies more than \$250 million this year. Surveying more than 2,000 employees at 30 U.S. companies, the study found:

- Employees who use non-prescription medication say they most often miss work because of drowsiness; while those who use prescription medicine to alleviate allergy symptoms most often miss work because of planned doctor appointments.

• 83 percent of workers say they are not as effective at work due to allergy symptoms. On average, employees estimate they are 26 percent less effective at work when affected by allergies.

• The average number of work-days employees report they're

affected by allergies during a year is 68.7.

"When you combine the cost of missed productivity with reduced workdays, we estimate that companies can lose an average of

\$2,000 a year per allergy sufferer," says Camille Hailom, a health care consultant with Hewitt Associates.

According to the American Academy of Allergy, Asthma and Immunology, seasonal allergies

have two peak seasons a year, but also can persist year-round.

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OPINION PAGE



Feel strongly about local issues?

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Questions about the golf course

"Since the city has had investigations, why don't we look at one area that should be re-evaluated, the golf course."

Let's pose a few questions concerning the city-held golf course. Why is the course in such ill repair? With all the money it brings in, why isn't it in tip-top shape? Why are large piles of dirt left for long periods of time until weeds and trees are growing in them? Then, when it is spread out, the area is left in big ruts that detracts from the courses' beauty.

Trash, branches and leaves are always on the course. Where are the workers? Do they only mow? Why can't the workers keep our city's best recreational spot neat and free of debris?

Why can't the pot holes on the course be kept filled in and the fairways rolled? Let's keep them from developing speed bumps along the whole course.

Where is the golf pro on duty? Why isn't he overseeing the running, or lack of running this course as a real Florida golf course?

Why don't you clean up and class up the most beautiful spot in Belle Glade.

A concerned citizen and golfer."

Michael R. Miller, interim city manager, responds: "Thank you for expressing your concerns about the condition of the Belle Glade Municipal Golf Course. While I respect

your opinion I must disagree with your conclusions. As I am sure you are aware, the City of Belle Glade does not have a golf pro, but a Golf Course manager. The manager and his limited staff do a good job in keeping the Belle Glade Municipal Golf Course playable with limited resources.

While I do not play golf regularly, I am from time to time on the golf course and I have not experienced the conditions you described. I do, however, agree with you that the golf course is beautiful and I have received many, many compliments from Glades residents as well as from the many visitors who have traveled miles to play at the Belle Glade Municipal Golf Course.

I will refer your concerns to the Golf Course Manager and to the Golf Course Advisory Committee. Please feel free to contact me, and I will arrange for you to meet with the Golf Course Manager and the Advisory Committee."

Park a mess

"Yes, I'd like to address the issue of the city parks. There's one in the northeast section on Northeast 30th Street. It's a real mess. They let the grass grow up over ankle deep. Then when they mow it, they just let the grass pile there."

There's vandalism to the equipment and to the sandbox and it really looks awful.

Thank you."

Who says parents don't matter?

By Mark W. Merrill

Family First

"Ideas," warned the philosopher Richard Weaver, "have consequences." And perhaps nowhere is that more true than in the realm of the family. The ideas that tell us how to discipline, educate, and care for our children can dramatically affect how our families function.

Recently a very destructive book caught the attention of the national media. *The Nurture Assumption* (The Free Press), written by Judith Rich Harris, has been featured in *Time*, *Newsweek*, *USA Today*, on National Public Radio and dozens of other news outlets. Harris has no doctorate or academic affiliation. But her book has captured national attention for the same reason I

think it's destructive. It argues that parents really don't matter.

Harris offers what she calls "A new way of explaining why children turn out the way they do." Quite simply, Harris writes "parents don't have any important long-term effects on the development of their child's personality." Personality is half determined by genes and half by environment, she says. And the environments that matter are the day-care center, the school yard and the neighbor's yard, not the home. Harris says peers are really the group that influence our children.

So why is this a destructive idea? Because it undermines the importance of parenting and the home. Harris faults the traditional view that parents matter and claims it cre-

ates a "false guilt" in parents. They have "made you feel guilty if you don't love all your children equally, though it's not your fault if nature made some kids more lovable than others," she tells parents in her book. "They've made you feel guilty if you don't give them enough quality time, though your kids seem to prefer to spend their quality time with their friends. They've made you feel guilty if you hit your child even though big hominoids have been hitting little ones for millions of years."

In short, Harris is telling us that parenting is not that serious a task after all. As she told *The New Yorker*, "A lot of people who should be contributing

See Family First/Pg. 12



Belle Glade Fire Department reminds you it's National Fire Prevention Week

By Lt. Donald Hamilton
Belle Glade Fire Department

National Fire Prevention Week is always a full week - Sunday through Saturday - which includes the date of October the ninth. The ninth of October is the anniversary of "The Great Chicago Fire of 1871." This fire killed 250 people, left 100,000 homeless, destroyed 17,430 buildings and 2,100 acres of land. As a result, people all over the country became more interested in fire prevention.

Belle Glade Fire Rescue is striving to make fire prevention an every day thought throughout the entire year. We are very involved in the elementary schools and in the community. Each month the children receive a newsletter dealing with fire and police safety. We teach safety subjects in the schools, give tours at the fire station, involve the children in community awareness programs, and assist them in teaching others about fire safety. We have a program that deals with juveniles who have become overly curious about fire. We also have programs to get smoke detectors in as many homes as possible.

Fire prevention should be observed by every man, woman, and child. It affects the communi-

ty as a whole. If we would all be more aware of our surroundings and the hazardous acts we do, we could stop the threat of fire in every home in this community.

Join with us this week. Start by planning an emergency exit location for your home. Draw it out and practice it. Test your smoke detectors. Talk to your children about fire safety. Your help will stop fires and keep you and your family safe.

The following was written by Lt. Terrell Denard, a fifth grader at Belle Glade Elementary, who explains the history behind National Fire Prevention Week in her own words.

In the summer of 1871 it was unusually dry. Only about a fourth of an inch of rain fell in July and October.

One evening a fire started in the southwest part of the city (Chicago). People believed the fire started on a barn owned by Mrs. Patrick O'Leary. The fire, wind and flames raced through the east of Chicago. The fire went for over 24 hours. It killed at least 300 people, left 90,000 homeless and destroyed \$200 million worth of property.

Student-designed cover speeds water treatment process, cuts costs

By Aaron Hoover
University of Florida News

A heat-trapping sewage tank cover designed by University of Florida engineering students speeds up the treatment process at wastewater treatment plants, a development that already has led to substantial savings at a Gainesville plant.

The large, plastic cover fits atop so-called "digesters," large round tanks used to break down sewage sludge. It has so accelerated treatment at Gainesville Regional Utilities' (GRU) Kanapaha Water Reclamation Facility. The utility has dropped plans to spend at least \$1.2 million for a new digester, GRU officials said.

"We're able to run the digester at higher temperatures and achieve treatment that allows us to actually run the system at almost double the normal (speed)," said Robert McVay, assistant general manager of waste/wastewater systems at GRU.

Wastewater plant operators use microorganisms to treat wastewater. The organisms multiply as they feed, creating thousands of gallons of sludge daily. The sludge must be treated in digesters - the process also involves using microorganisms - to remove pathogens. It is then used as fertilizer.

Two years ago, a group of students designed a cover that raises the temperature inside digesters by trapping heat generated by the microorganisms. The students did the work as part of the College of Engineering's Integrated Product and Process Design Program (IPPD), which pairs student teams with corporate or government sponsors for yearlong design projects.

This was just one of many projects we do through the IPPD program," said Spyros Svoronos, a chemical engineering professor and associate chair of the chemical engineering

department who served as the faculty coach of the project.

The added heat speeds up the microorganisms' activity inside the digester, boosting the rate of pathogen removal. Using results from two scaled-down digesters built to test the concept, the students also came up with a computer model that predicts the temperature of the sludge, enabling operators to predict treatment times.

"Other methods increased the temperature, more, but it was important to be able to control the heat within an optimal range and to provide a cost-effective solution," said Mary Alford, a member of the student design team, graduate student in environmental engineering and engineering intern at GRU.

In past summers, the average temperature of the sludge at the Kanapaha plant was about 80 degrees Fahrenheit. This summer, the temperature of the sludge in the covered digester has averaged 98 degrees Fahrenheit. An 18-degree increase in temperature generally doubles the reaction rate, meaning the covered digester is treating about twice as much sludge as the uncovered ones.

With the Kanapaha facility generating about 70,000 gallons of sludge daily, the device has alleviated the need for a planned sixth digester to cope with rising volumes of waste, McVay said.

McVay also said the use of the cover to speed up the treatment process appears to be unique in the industry. Other utilities are interested in the results, Alford said.

"They've been used for odor control and they've been used for other reasons, but never has anyone, as far as I know, used a cover in combination with a computer program to predict temperature for treatment purposes," McVay said.



A PLEDGE TO OUR READERS

We pledge...

- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.

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Sun Spots



BRIEFS/From 1

McDonald's night out benefits local schools
McDonald's School Night fund-raiser is back and local schools are benefiting.

Last year, the Glades area McDonald's donated over \$2,800 to local area schools during the night out promotion. From 5 to 8 p.m. on designated Tuesdays, 15% of total receipts are donated to the school that is hosting the evening. Teachers and administrators from that school are working behind the counter at McDonald's taking customer's orders.

Glades View Elementary will benefit on Oct. 13 and Gove Elementary on October 20. Thursday, November 10 will be for Belle Glade Elementary.

October is Breast Cancer Awareness Month

The C.L. Brumback Health Center invites women in the Glades to learn about breast health care on Thursday, Oct. 15 at the center. The event will be held in the lobby of the center from 9 a.m. to noon.

For additional information, please contact Melva Webb at 996-1600.

Community Fellowship to host special seminar

Is your time flying? Does your year seem to go by faster than the year before? Community Fellowship, (formerly Church of God of Prophecy) with Rev. Jean Ingram, pastor, will host the Lifechangers seminar.

This seminar has been presented over 300 times in various churches, colleges, and ministries around the world. Not your typical "time management" seminar, Lifechangers focuses on challenging Christians to thoughtfully use their time in light of eternity. A free Day-timer organizer and other take home material to increase your personal effectiveness will be given to every adult in attendance.

The seminar is free and open to the public. Bring a friend and join the thousands of believers who have accepted the Lifechangers challenge to "Redeem the Time."

The seminar will be held on Sunday, Oct. 11 at 11 a.m. The church is located at 601 S.E. 12th Street and old 80, Belle Glade.

For more information call the church at 996-5054.

CPR and First Aid Classes offered by American Red Cross

The Palm Beach County Chapter of the American Red Cross, Glades Area Service Center, will be holding a CPR and First Aid class on Saturday, Oct. 10 at 425 West Canal Street, Belle Glade.

For more information contact the American Red Cross at 992-9703.

Calling all cooks and bakers

Grassy Waters Festival invites everyone to participate in the 9th Annual Bakeoff Contest during the festival.

Registration forms with rules and regulations can be picked up at the Pahokee Chamber of Commerce or participants can bring their entries the day of the festival. You can register from 11:30 a.m. to noon on the day of the festival.

Grassy Waters will take place on the shore of Lake Okechobee on top of the dike in Pahokee on Saturday, Nov. 21.

Chairperson Shirlee Ingram said a copy of the categories is available at the chamber but the sections and classes will remain the same: Baking, canning and pot luck. First,

second and third place ribbons will be awarded and a best overall entry will also be recognized. An auction will follow after the award ceremony, with bidding participation from spectators. Food entry goes to the highest bidder. All proceeds go to the Grassy Waters Festival Fund.

For more information, Mrs. Ingram can be reached at 924-3365 or call the chamber at 924-5579.

Vendors wanted for Bayfest '98

Bayfest '98, the Third Annual Crossroads Cultural Music, Art and Food Festival, is seeking vendors for the Saturday, Oct. 24 event.

Bayfest will be held at Tanner Park again this year on SR 80, South Bay. Chairperson Milranda Smith says vendor space is very limited and she encourages those who wish to secure a booth to call as soon as possible.

This year's Bayfest will include a bed, race and cookoff as well as the traditional attractions such as entertainment, children's activities and a multitude of ethnic cuisine.

For an application or more information, call 996-6751.

GED test at Glades Central

The GED test will be given at Glades Central Community High School on Oct. 13, 14, and 15 at 9 a.m. and 6 p.m.

Adults should register in the community school office before 5 p.m. on Oct. 12. The cost of the test is \$40.

For more information call 993-4404.

Outdoor skills for women to be offered

The Florida Game and Fresh Water Fish Commission will soon be sponsoring a unique outdoor skills program for women.

The program, titled "Becoming an Outdoors-Woman (BOW)" is a three-day workshop designed for women with "hands-on" instruction in 18 different outdoor skills. The workshop will take place Oct. 16-18 at the Everglades Youth Camp, west of West Palm Beach. Cost is \$100, which covers instruction, materials, meals and lodging.

To register or for more information, call Lt. Lynne Hawk, 561-625-5126.

Public hearings on school performances

Anyone interested in the performance of local public schools is invited to attend public hearings to be held in Belle Glade and Pahokee in October.

Opinions about the level and quality of services provided by the Palm Beach County School District will be heard at this time. Participants will also have an opportunity to hear their neighbors offer their opinions about local public school performance.

These hearings are being sponsored by the National Coalition of Advocates for Students and co-sponsored by Glades Community Development Corporation and the Acting on a Vision Education Committee.

The National Coalition of Advocates for Students prepared the report entitled "A Gathering Storm. How Palm Beach County Schools Fail Poor and Minority Children." The hearings will be recorded and transcribed.

The schedule for the hearings is as follows:

- Pahokee - October 10 at the Prince Theatre from 10 a.m. to noon. Sponsored by Concerned Citizens for Community Improvement. For additional information contact Henrietta Johnson at 992-

9500. (GDCD).

- Belle Glade - October 17 at St. Paul's Church of God in Christ, 915 West Avenue A, from 10 a.m. to noon. Sponsored by Rev. Clarence Brown. For additional information contact Cynthia Brown or Geraldine Cunningham at 996-9559.

Head Start

accepting children

Belle Glade Family and Children Services, PEPPi Head Start Program is now accepting applications for three and four year old children.

All children are welcome to attend, including children with disabilities. There are no fees.

The center is located at 200 S.W. 9th Street, Belle Glade. For more information, call Tammy Kyles or Barbara Green at 996-1718.

Free transportation

The Division of Senior Services will be providing medical transportation from the Glades area to Royal Palm Beach, Wellington and West Palm Beach for those persons who are 60 and over.

Please call Effie McNair at the Senior Services Center, Monday through Friday between 8 a.m. and 5 p.m. or call 561-233-0400.

Crafters sought

The Glades Guild is looking for some new crafters and artists to display their work in the Glades General Store at Glades Unity Plaza, 425 West Canal Street North, Belle Glade.

There is no charge for this service. When the artwork or crafts are sold, the crafter then gets their money. To participate in the Glades General Store call Dorothy at 992-9500.

Volunteers sought for Red Cross

The Glades Area service center of the Palm Beach County Chapter of the American Red Cross are in search of volunteers.

Volunteers are needed who are willing to be trained in water safety, CPR or First Aid Instruction. Volunteers are also needed for other tasks at the Red Cross office in Belle Glade.

To volunteer call 992-9703 or (941) 675-8000.

Activities for seniors open and free

Glades residents 65 years old and older are invited to participate in activities held daily at the West County Senior Citizen Center, 2916 St. Road 15, Belle Glade.

Administrator Effie McNair said many fun activities are scheduled for the participants, including a birthday cake and punch party held the last Friday of each month. Other activities include weekly movies, monthly trips to the mall, and craft classes. Fire prevention and safety classes can be held in Seniors' homes and free blood pressure screening is offered.

For more information or transportation, call Mrs. McNair at 996-4808.

Class of 1969 presents Gospel Concert

The Lake Shore Jr.-Sr. Class of 1969 is sponsoring a gospel concert on Oct. 17, featuring the Bethune-Cookman College Inspirational Gospel Choir and other local gospel singing groups.

The concert will be held at the Lake Shore Middle School gymnasium beginning at 7 p.m. Please see any member of the Class of 1969 to get your ticket. Donation for the performance is \$6 in advance and \$8 at the door.

For additional information call Johnnie Eva Brice at 996-2254 or Joan Bass, 996-6343.

Belle Glade Police Department arrest blotter

The Belle Glade Police Department handled 638 complaints, worked 5 crime scenes and gave 11 traffic citations the week of September 28-October 5.

Those arrested included:
September 28 - No arrests.
September 29 - Kenneth McFarland, 39, burglary, petty theft and resisting arrest without violence; Calvin Edmonson, 47, domestic battery; Archibald Walker, 53, possession of cocaine, possession of marijuana and possession of cocaine with intent to sell; Brenda Crawford, 24, possession of cocaine, possession of marijuana and possession of cocaine with intent to sell; Tyrone Moreland, 25, battery and domestic battery.

September 30 - Juvenile, 16, loitering and prowling; Juvenile, 17, loitering and prowling; Eddie James Lusape, 18, grand theft auto and resisting arrest without violence; Antonio Smith, 31, petty theft, possession of drug paraphernalia and resisting arrest without violence; Mark Powell, 36, aggravated domestic battery.

October 1 - Juvenile, 16, contempt of court warrant; James Roberts, 35, aggravated assault warrant.

October 2 - John L. Dut-

ton, 49, assault; Willie Nicholson, 25, warrant for inciting a riot; Jessica Hodges, 19, warrant for inciting a riot.

October 3 - Edward Rivers, 25, improper drivers license warrant arrest; Fredrick Royal, 20, inciting a riot warrant; Luc Jean Baptiste, 19, inciting a riot warrant.

October 4 - Edgar Antonio Barbosa, 34, disorderly intoxication, trespassing; Ben Hart, 36, burglary and petty theft; Oscar Melgoza, 19, battery on a law enforcement officer.

South Bay Police Department arrest blotter

The South Bay Police Department made one arrest the week of Sept. 28-October 4.

Those arrested included:
September 28 - No arrests.

September 29 - No arrests.
September 30 - No arrests.

October 1 - Roosevelt Shelby, 31, failure to appear on charges of burglary with

domestic battery.

October 2 - No arrests.

October 3 - No arrests.

October 4 - No arrests.

Pahokee Police Department arrest blotter

The Pahokee Police Department made eight arrests the week of Sept. 28-Oct. 4.

Those arrested included:
September 28 - No arrests.
September 29 - Juvenile, 16, resisting arrest without violence.

September 30 - Juvenile,

16, grand theft.

October 1 - Charles E. Duke, 38, possession of cocaine.

October 2 - No arrests.

October 3 - Jerry C. Arline, Jr., 19, discharging a firearm in public; Charles B. Wiseman, 21, discharging a

firearm in public; Joan Freeman, 40, warrant for contempt of court.

October 4 - Carla Toney, 33, simple battery; Timothy Bryant, 19, throwing a deadly missile into an occupied vehicle; John Knight, 31, burglary.

Crimestoppers

Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate Cynthia Williams, who is wanted for forgery, uttering a forged and grand theft.

Williams is a Black female, 5'7" weighing 145 pounds. She has black hair and brown eyes and her date of birth is June 29, 1958.

She has a tattoo on her right arm. Her Social Security Number is 266-39-1702. Her last

occupation was as a nursing assistant and her last known address was 408 S.W. 4th Street, Belle Glade.

Her warrant was active as of September 29, 1998.

If you know the whereabouts of Williams, or anyone involved in a serious crime, call Crime Stoppers at 1-800-458-8477. You can remain anonymous and still receive a cash reward if your tip leads to an arrest.



Cynthia Williams

Simply The Best!

Chicago City Limits

Saturday, October 17, 1998 • 7:30 p.m.
\$15 Adults • \$5 Students

The longest running show in New York City, Chicago City Limits, raises improvisational theatre to an art form. Chicago City Limits has been seen nationally on HBO: The Today Show, and has performed at such nationally diverse venues as Lincoln Center, the Smithsonian, the Super Bowl, and even the Dolly Hand Cultural Arts Center!

Their Comedy and improvisation have made their troupe one of America's favorites.

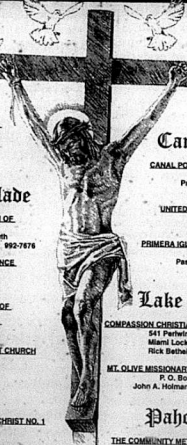
Lazer Vaudeville

Thursday, October 15, 1998 • 7 p.m.
All Tickets \$6

Lazer Vaudeville is a family show that combines the high-tech effects of lasers and black lights with the traditional vaudeville acts of juggling, comedy and acrobatics. Mystery and imagination reign supreme as a wit and performs magic tricks with laser beams, a cowboy kicks up luminous rope-spinning displays, and an audience member escapes from a straitjacket. Combining lasers with superlative juggling, black-light illusions, acrobatics, and any comedy Lazer Vaudeville offers a rare brand of clean, classy fun for the entire family.

Dolly Hand Cultural Arts Center

A Gathering of Faith...



Belle Glade

ARISTOCLES CHURCH OF JESUS CHRIST
1316 W. Canal St. South
Rev. J.P. Field - Pastor 992-7874

BELLE GLADE ALLIANCE CHURCH
425 Canal St. North
Rev. Lloyd G. Green

CHRISTIAN CHURCH OF BELLE GLADE
Rev. Robert Blank

CHOSEN MISSIONARY BAPTIST CHURCH
N.W. Ave. G & Hwy 77
Bernie Dorian - Pastor

CHURCH OF CHRIST
155 N.W. Ave. D
Glen Harris - Minister

CHURCH OF GOD IN CHRIST NO. 1
722 W. Ave. C, Place
S. Edwards - Pastor

CHURCH OF GOD OF BELLE GLADE
Rev. Bert Browning

CHURCH OF GOD OF PROPHECY
601 E.E. 12th St.
Jean Yorgans - Pastor

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS (MORMON)
401 N.E. Ave. A
Ramon Palomo-Branch Pres.

CHURCH OF THE LORD JESUS CHRIST OF THE ADVENTIST FAITH
577 S.W. 30th St.
Herbert Watts - Deacon

COMMUNITY HOUSE OF PRAYER IN CHRIST
823 W. Ave. A
Elder James C. Hall-Pastor

COMMUNITY UNITED METHODIST CHURCH
401 S.W. 15th St.
David A. Day - Pastor

EL BELIEF EVANGELICAL PENTECOSTAL CHURCH
1011 PALM BEACH RD.
Loren Lott - Pastor

EL BELIEF CHURCH
17 N.W. Ave. B
Mack Douglas - Interim Pastor

GUATEMALA ST. PAUL CHURCH OF GOD IN CHRIST
512 W. Ave. A
Elder Clarence Brown - Pastor

HATIAN MISSION OF THE FIRST BAPTIST CHURCH
681 S.W. Ave. A
Rev. J.P. Field - Pastor

HOUSE OF GOD
716 S.W. Ave. B, Place

IGLESIA DE JESUS PENTECOSTAL
24 S.E. Ave. C - (981) 999-8864
Rev. Nubelindo Negro-Pastor

IGLESIA BATISTA REUNIFICADORA
833 N. Canal St. N. (981) 992-4200
Bobby Glaze, Jr. - Pastor
Rev. Arnel Ortiz

MIRACLE TEMPLE MINISTRY
184 S.W. 15th St.
Rev. Alvin E. Nichols
Associate Rev. Robert Muck

MT. ZION A.M.E. CHURCH
923 S.W. Ave. C & Corner of 15th St.
Rev. L.S. Jones - Pastor

NEW BAPTIST CHURCH
1101 W. Ave. A
Rev. R.E. Halverson III

ST. JOHN FIRST BAPTIST CHURCH
604 S.W. 8th St.
Rev. J.L. Adams

ST. JOHN EPISCOPAL CHURCH
225 N.W. Ave. A
Father Ralph Banks

ST. PETER LUTHERAN CHURCH
129 E. Canal St. N.
Rev. Richard Armit

ST. PHILIP REFORM CATHOLIC CHURCH
719 S. Main St.

SOUTHWEST CHURCH OF CHRIST
1800 S. Main St. (SR 80)

SPANISH MISSION OF THE FIRST BAPTIST CHURCH
17 N.W. Avenue B

THE GLOUBIOUS COMMUNITY HOLINESS CHURCH OF JESUS OF THE APOSTOLIC (CENIC) B.C.
604 S.W. 8th St.
Elder C.A. Johnson - Pastor

WORSHIP CENTER PENTECOSTAL HOLINESS CHURCH
1424 N. Canal St. N.
Rev. Aaron Patten

Center for Creative Education announces new board member

Ms. Jeannette C. Dexter has joined the Board of Directors for the Center for Creative Education.



Jeannette C. Dexter

Jeannette has worked in the field of education for 38 years, with 15 years teaching experience at

Belle Glade Elementary, and served as an Adjunct Professor at FAU. She has served as Language Arts Specialist for the Palm Beach County School Board and is currently a Research Teacher at Belle Glade Elementary.

Jeannette has served as chairperson for the American Red Cross Annual Fundraiser for 5 years. Ms. Dexter has been the recipient of the Dwight Allison Fellows Award and the Richard Turner West County Service Center Award, American Red Cross. Other organizations Ms. Dexter is associated with are: Glades Community Development Corporation, Dolly Hand Cultural Arts Center, Boy Scouts of America and Pot Luck in the Muck.



Redish-Silva wed

Darendra Redish and Roberto Silva, Jr. were married in Las Vegas, Nevada on Wednesday, September 9, 1998.

The double ring ceremony took place at 4:30 p.m. in the Little Chapel of Flowers.

The bride is a graduate of Glades Central High School in Belle Glade and is employed at Royals Inc. as a secretary. She

is the daughter of Lester and Barbara McMillan of Belle Glade.

The groom is the son of Carmen Silva and the late Roberto Silva, Sr. of Clewiston. He is a graduate of Clewiston High School and is the branch manager of First Federal Savings Bank at the in-store site at Wal-Mart in Clewiston.

McDonald's supports reading and student achievement

Steve Nisbet, owner of the Glades area McDonald's, presents Carmen Morgan of Gove Elementary School with 500 "Readers are Leaders" certificates, good for a free hamburger or cheeseburger after the student reads ten books, and 500 "Student Achievement" certificates, good for a free small french

fry, which are distributed by the school for outstanding student achievement.

Mr. Nisbet has also donated 500 "Readers are Leaders" certificate and 500 "Student Achievement" certificates to Belle Glade Elementary, Gladesview Elementary, Pioneer Park Elementary, and Rosendahl Elementary.



Military News

non-combatant expeditionary operations and maritime interdiction operations.

The overall purpose of exercise Matador Livex '98 was to enhance ARG and carrier battle group interoperability in an operational environment.

Home ported in Norfolk, VA, Romero's ship and the embarked Marines present a formidable US presence which can provide a rapid response in times of crisis. Sailors and Marines aboard USS Saipan can conduct a variety of missions from reconnaissance and amphibious assaults to evacuating civilians and providing humanitarian aid.

The 1995 graduate of Glades Central High School joined the Navy in July 1997.

Army Pvt. Marwan L. Oliver has entered basic military training at Fort Jackson, Columbia, S.C.

During the eight weeks of training, the soldier will study the Army mission and will receive instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, Army history and traditions, and special training in human relations.

Oliver is the son of Junita and Louis Oliver, Jr. of Pahokee.

He is a 1993 graduate of Pahokee Middle-Senior High School.

Army Reserve Sgt. Drexel D. Forbes completed a three day Public Affairs and Grassroots Workshop conducted by the U.S.

Army 81st Regional Support Command in Orlando, FL.

The workshop trained unit public affairs representatives (UPARs) in the areas of command information, community relations, and public information. The Grassroots part of the training is a new Army Reserve initiative which has a goal to involve soldiers in effectively communicating to the American public the contribution of the Army Reserve.

Forbes is a licensed practical nurse assigned to the 324th Combat Support Hospital at Martinez Reserve Center, Miami, FL.

The sergeant is the son of Inez E. Jones of Belle Glade. He received a bachelor's degree in 1996 from the University of Miami.

Dr. Daniel W. Beardsley, 75, resident of Lake City, Florida, died Friday, October 2, at the Lake City V.A. Medical Center, following a long illness.

Dr. Beardsley was a native Floridian, born in Moore Haven, son of the late James and Ruth Robbins, a pioneer family in the Everglades. Dr. Beardsley received his B.S. in Animal Nutrition from the University of Florida in 1947, a M.S. Degree from the University of Illinois in 1952 and Ph. D. in 1958. He was a member of several fraternal organizations, as well as the Florida Blue Key, Florida Cattlemen's Association, and a member of the American Society of Animal Science, and the Soil and Crop Science Society of Florida. Dr. Beardsley served as a second lieutenant in the U.S. Army Air Corp. during World War II. He retired in 1976 from the Everglades Experiment Station, where he had been appointed head of Operations in 1968. Dr. Beardsley moved to Fort White, Florida where he farmed for many years, prior to moving to Lake City, a few years ago. He was a member of the Mikesville Presbyterian Church, and was preceded in death by two brothers, Bruce Beardsley and Jim Beardsley.

Survivors include: wife - Evelyn Beardsley of Lake City; three sons - Daniel Beardsley of Anchorage, Alaska, Mike Beardsley and Will Beardsley, both of Lake City; three daughters - Brynna Ruth Beardsley of Sanford, North Carolina, Laura Rhodes of Lake City and Tess Leary of Ft. White; brother - Bob Beardsley of Clewiston; eleven grandchildren

and one great grandchild.

Graveside funeral services were conducted Monday, October 5 in the Mikesville Presbyterian Cemetery, with Mr. James Montgomery officiating. In lieu of flowers, the family requests that donations be made to the charity of your choice.

Guerry Funeral Home, 4309 South First Street, Lake City, Florida is in charge of all arrangements.

John Edwin Jones (Eddie), 79, of Belle Glade, passed away Monday, September 21. Mr. Jones was born in Savannah, Georgia on March 15, 1919 to Mathew Erastus Jones and Mary Agnes Jones King, who preceded Mr. Jones in death. He had been a resident of Belle Glade since 1951 and a Florida resident since 1926. Mr. Jones served in the Air-Warp in World War II, 1941-1945 and in the Korean War 1950-1951. While in the service he maintained aircraft, and it was Eddie who pulled the blocks from Amelia Earhart's plane when she left on her around the world flight. He was employed by Cameron & Barkley, Mill Supply company of Tampa for forty years. He retired in 1986. He was a member of Elks Lodge 1718, American Legion, and St. John's Episcopal Church. He was predeceased by his youngest son, Jeffrey Lynn in 1986.

He is survived by his wife of 51 years, Flo, son and daughter-in-law Gregory S. and Sylvia Jones of Belle Glade, daughter-in-law and grandson, Holly and Adam Jones of Cleveland, and brother, Jack Jones of Charleston, South Carolina.

Eddie was notorious for his mischievous sense of humor and his

outgoing, friendly personality. He was loved and treasured by all who knew him and will be sorely missed.

Visitation was held at Mixson Funeral Home on Tuesday, September 22. Services were Wednesday, September 23 at the St. John's Episcopal Church in Belle Glade. Father Ralph Banks officiated. Interment followed at Port Mayaca Cemetery.

Mixson Funeral Home, Belle Glade, was in charge of arrangements.

Louis P. "Louie" Gold, 85, avid golfer, hunter, and fisherman, of Pahokee, died Sunday morning (September 20) at his residence.

A native of Philadelphia, Pennsylvania, he was born on November 15, 1912, son of the late Herman and Rose Krause Gold. He had been a resident of Pahokee since his family moved from West Palm Beach in 1928. A graduate of Pahokee High School, Class of 1932, he was a member of the first Pahokee High School football team in 1930. On Friday, October 10, 1930, they met at Dania High School team for the first matched football game ever played between high school teams in the Everglades. That year they won three and lost three games. In 1931 they won seven games and lost one and Louie made five touchdowns in the game against Punta Gorda which Pahokee won 47-0.

A highly decorated veteran of World War II, he served with the U.S. Army Infantry in Europe. Among the awards he received were a Silver Star and two Bronze Stars. While serving as a Sergeant near Benfield, France, while under

continuous fire from machine gun and mortar, he was personally responsible for neutralizing two German machine guns and also aided and evacuated a wounded member of his platoon. For this heroic achievement he was promoted to the rank of Second Lieutenant.

In 1931 he became associated with the family business Gold-Dobrow Theatres opened the first "movie house" in the Glades in 1938 in Pahokee. This was followed by the Everglades, Ace, and Hugo Theatres in Belle Glade and the Showboat Theatre in Pahokee. In 1963 they opened Lake Drive-In in Belle Glade which was closed in the mid 1980's. In 1940 they built the Prince Theatre in Pahokee which was later given to the city and is now used as a Cultural Arts Center. He was a general partner in Gold-Dobrow-Branson Farms, a founding member of the Sugar Cane Growers Co-Op. He was a limited partner in 715 Farms, Pahokee. He was a member of Beth Shalom, Belle Glade.

Surviving are: brother - Jerry Gold of Pahokee; nephew - Oscar Dobrow of Newland, NC, and several great and great-great nieces and nephews.

The funeral service was conducted Wednesday, September 23, at the James A. Bennett Funeral Home, Pahokee. Arthur Nader officiated. Interment followed in Woodlawn Cemetery, West Palm Beach.

The James A. Bennett Funeral Home, Pahokee, had charge of the arrangements.

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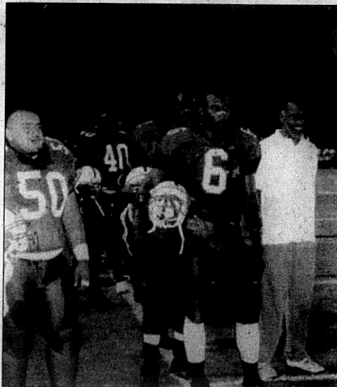
High school sports this week

Pahokee Blue Devils defeat Atlantic 30-0

By Robbie Everett

The Pahokee High School Blue Devil football team ranked #2 in the county and #3 in the State class 3A recorded its fourth consecutive shut-out with a 30-0 win over Atlantic High School last week. The Blue Devil defense led by Octavous Bouie and Victor Cooper, with a strong supporting cast of Nedrick Boldin, Jawarski Bouie, Eric Moore and Willie Ransom shut down the Eagles Friday night, limiting them to five first downs and 56 total yards.

Offensively, Boldin scored the Blue Devil's first and last of four touchdowns. He rushed for 127 yards, scored two two-point conversions and passed for 107 yards. Joe Jenkins caught 3 passes for 51 yards and the second touchdown of the game. Kendrick Mosley caught 3 passes for 44 yards giving Pahokee a 22-0 lead in the closing minutes of the first half. Jenkins and Mosley also



SUNPHOTO by Robbie Everett
Anquan Boldin #6, quarterback for the Pahokee Blue Devils played an outstanding game against Atlantic High School.

scored in the 62-0 routing of Jupiter Monday night. They were joined by Desmond Ricketts with 3 touchdowns (including one on a 58 yard pass), Emmanuel Hendrix, Jawarski Bouie, and Jacoby Alexander.

Pahokee travels to Royal Palm Beach Friday evening to face the Wildcats. Pahokee defeated the Wildcats last year but later forfeited the game due to an ineligible player. This memory should make for an interesting game. Okay fans let's get over to Royal Palm Beach to support our team.



Raiders shut out Falcons, 39-0

By Jennie M. Sears
Staff Reporter

After being out of game for two weeks, coaches feared that the Raiders might be a little rusty. Although they had not played the game in two weeks the Raiders proved to be number one despite the many mistakes they made.

The Raiders were penalized 12 times for 105 yards in their victory against Forest Hill.

"Our offense just wasn't in sync. It's evident with the penalties and mistakes," said Watson. "I think we felt we had the better team, but we just weren't crisp."

On the other hand, the defense held back the Falcons not allowing them a first down. The Falcons made

their score by punting seven times and only making it past midfield once.

Although the Raiders were a little rusty, the Falcons coach thought differently. "They just came out better prepared than we were," said Forest Hill coach Leonard Coleman. "They played better. But we're going to go back and regroup on Monday, and just come back and do the things it takes to be successful."

Glades Central senior quarterback, Jerry Campbell, rushed for 106 yards, including an 81-yard touchdown on a fourth-and-1 play early in the second quarter. He also threw a 22-yard touchdown pass to Reggie Vickers in the first quarter. He later left the

game midway through the second quarter due to a shoulder stinger, but is not expected to miss any practice time.

Antonio Thomas stepped in to play as back-up and played an excellent game. He made a 5-yard touchdown on a bootleg play late in the fourth quarter. Antonio also made a 10-yard touchdown pass to tight end Roger Mottley with five minutes left in the half.

"He did an outstanding job for us," Watson said. "We really didn't give him a whole lot of reps this week. That's why I really have to commend him. He came in and did an outstanding job."

Glades Central Raiders are 3-0. Keep up the great work Raiders!!!



SUNPHOTO by Big "A" Verron

The two Campbell boys (not brothers) played a great game. Jerry Campbell, #1, quarterback, scored an 81-yard touchdown run and rushed for 106 yards. Unfortunately he had to leave the game in the second quarter with a shoulder stinger. Nakia Campbell, #27, received a pitchout from back-up quarterback Antonio Thomas and took it in for a touchdown.

Leon's #1 game - GOLF



Here Leon takes a swing trying to get to first place.



Leon fills out his score card at the end of the tournament.

Leon Rolle participated in a tournament at the Grand Harbor Country Club in Vero Beach this past weekend. He scored a 60 and was three shots away from first place. Due to a cold, he had to withdraw from the final round on Sunday.

Leon will be taking two weeks off to prepare for Tour Championship at Okeeteelee Park on October 24. Then he will play October 31-November 1 in Georgia at Jekyll Island. November 7-8 he will participate in Rolling Hills, Galivants Ferry, South Carolina. Keep up the good work, Leon!!

Hunters must have permits

Migratory bird hunters must have a free migratory bird permit to hunt ducks, geese, woodcock, rails, common moorhen or snipe in Florida.

Sportsmen can obtain the permit by filling out a brief questionnaire on the universal hunting license application, according to Lt. Jim Huffstodt, Everglades public information coordinator, Florida Game and Fresh Water Fish Commission (GFC).

"The information gathered through the permit process will allow the U.S. Fish and Wildlife Service (USFWS) to get a better read on the harvest of migratory birds," he said. "That information is important when they determine season lengths, bag limits, and other regulations."

"All those hunting migratory birds in Florida must have the migratory bird permit checked on their universal

license application," he said.

In addition to the migratory bird permit and hunting license, hunters must also have a state waterfowl permit/stamp and Federal duck stamp to hunt waterfowl in Florida. Sportsmen who are exempt from license requirements are exempt from state migratory bird permits. There are not exemptions for the federal stamp, according to Lt. Huffstodt.



SUNPHOTO by Trey Alava

Gators assistant coach works a cramp out of #22's leg during the game against Frostproof. Unfortunately the Gators fell short a few touchdowns.

Gators suffer a loss to Frostproof, 38-14

By Trey Alava

"The scoreboard didn't show anything. Scoring didn't indicate how well we played. We out-played them on the field and that's what counts," said Coach Pete Walker in reference to the Gators upset against Frostproof Friday night.

The Gators knew they had a tough game against Frostproof, but that didn't stop them from entering and playing the game to their fullest potential.

Early in the first quarter Frostproof's leading running back, Hudson, was capable of squeezing through the Gator defense for the score. Right after entering the second quarter Frostproof returned again with an unexpected

touchdown. (At the end of the second quarter, Glades Day's junior running back, James Holman, received a pitch from sophomore quarterback Kyle McNamara and ran for the touchdown.)

That was the Gator's first score of the night. As the clock counted to half-time, senior cornerback Jake Davis intercepted a pass from Frostproof that was almost utilized in a touchdown right before the buzzer signaled the end of the second half. The score at half-time was 14-7.

In the third quarter of the game junior James Holman ran for another touchdown that tied up the game, giving the game a 14-14 score. James ran 128 yards on 33 carries that night.

Unfortunately, in the fourth quarter Frostproof was able to get by with three more touchdowns before the game was terminated.

Even though they lost last Friday night, the Gators paced off the field with their heads held high, and with all the heart and honor any winner would have. The Gators played one of the toughest teams in Florida and were able to stick it to them. That alone is something to be proud of.

Next week, the Gators take on St. Edward's at the Gator homecoming. Coach Walker is calling this game a mini-championship since both Glades Day and St. Edward's share the same rank at 2-0 in the district.

PICSKIN PICKS

October 1 - 4 :

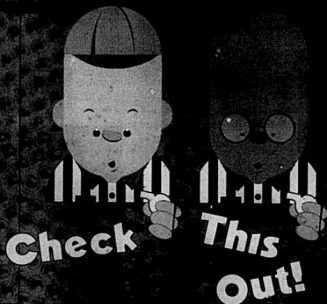
PAHOKEE	at	ROYAL PALM BEACH
GLADES DAY	at	ST EDWARDS
GLADES CENTRAL	at	F.P. WESTWOOD
CLEWISTON	vs	BISHOP VEROT
CENT. FLORIDA	vs	N. ILLINOIS
SEMINOLES	at	MIAMI
GATORS	at	LSU
STEELERS	vs	CINCINNATI
DOLPHINS	at	JAGUARS
49ERS	vs.	NEW ORLEANS

*vs. = Home "at" = Away


Leading: **Woody Salvatore**
J.E. Wilson

Standings:

Big "A" Vereen	8-2	28-9
Clay Connell	7-3	26-11
Donny Moss	8-2	29-8
Mike Burkett	9-1	30-7
Vera Robinson	9-1	30-7
Wendy Cotton	7-3	27-10
Rick Gold	8-2	29-8
Penny Lester	8-2	28-9
Billy Rimes	7-3	27-10
Woody Salvatore	6-4	29-8
Mike Woodham	9-1	25-12




GLADES FORD



Big "A" Vereen

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Glades Day
Glades Central
Clewiston
Cent. Florida
Seminole
Gators
Cincinnati
Dolphins
49ers


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Donny Moss

Pahokee
Glades Day
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Cent. Florida
Seminole
Gators
Steelers
Dolphins
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LAKE HARDWARE



Mike Burkett

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Rick Gold

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'97 CHEVY 5-10 LS FACTORY WARRANTY, A/C	\$10,995	'95 FORD F150 XLT SUPERCAB V8, AUTO, P/WINDS/LCKS, TILT, CRUISE, LOW MILES, PERFECT	\$14,995	'98 FORD F150 XL SUPERCAB FLARESIDE 850 7K MILES, AUTO, A/C, FACTORY WARRANTY	\$18,995
'96 MUSTANG LOADED, AUTOMATIC, LIKE NEW	\$11,995	'95 JEEP GRAND CHEROKEE LAREDO P/WINDS/LCKS, TILT, CRUISE, LIKE NEW	\$14,995	'95 BMW 318i LOADED, 4DR, AUTO, 20K MILES, P/WINDS/LCKS, TILT, CRUISE	\$18,995
'96 FORD RANGER XLT SUPERCAB A/C, L, LOADED, LOW MILES, FACTORY WARRANTY	\$11,995	'93 VOLVO 960 WAGON LEATHER, AUTO, SUNROOF, LOW MILES, PERFECT	\$14,995	'97 EXPLORER XLT V8, ALL WHEEL DRIVE, LEATHER, FACTORY WARRANTY	\$23,995
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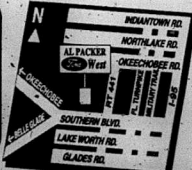
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NASCAR

This Week

On TV

All Times Eastern

- Winston Cup Qualifying
4 p.m. • Friday • ESPN2
- Winston Cup, Winston 500
1 p.m. • Sunday • ESPN
- Trucks, Kragen/Exide 151
5 p.m. • Sunday • ESPN2

POINTS STANDINGS

WINSTON CUP	BUSCH	TRUCK
1. Jeff Gordon, 4,457	1. D. Earnhardt Jr., 3,941	1. Ron Hornaday, 3,453
2. Mark Martin, 4,283	2. Matt Kenseth, 3,844	2. Jack Sprague, 3,457
3. Dale Jarrett, 3,918	3. M. McLaughlin, 3,688	3. Joe Ruttman, 3,284
4. Rusty Wallace, 3,501	4. Elton Sawyer, 3,206	4. Jay Sauter, 3,101
5. Jeff Burton, 3,072	5. Randy LaJoie, 3,146	5. Tony Raines, 3,066
6. Bobby Labonte, 3,604	6. Tim Fedewa, 3,052	6. Jimmy Hensley, 3,012
7. Jeremy Mayfield, 3,601	7. Elliott Sadler, 3,049	7. Stacy Compton, 3,005
8. Dale Earnhardt, 3,285	8. Phil Parsons, 3,047	8. Randy Tolson, 2,805
9. John Andretti, 3,178	9. Buckshot Jones, 3,045	9. Ron Barfield, 2,793
10. Terry Labonte, 3,153	10. Hermie Sadler, 2,918	10. Mike Wallace, 2,752

FROM LAST WEEK

WINSTON CUP SERIES

Mark Martin won for the seventh time this season, dominating a crash-marred UAW-GM Quality 500 at Charlotte Motor Speedway and shaving 25 points off Jeff Gordon's Winston Cup point lead.

Gordon finished fifth and kept a 174-point edge with five races remaining.

BUSCH GRAND NATIONAL

Mike McLaughlin kept alive

his flickering hopes for the championship with a victory in the All Pro Bumper-to-Bumper 300 at Charlotte Motor Speedway.

Unfortunately for McLaughlin, the two drivers who finished just behind him — Matt Kenseth and Dale Earnhardt Jr. — are the ones who are ahead of him in the standings.

Earnhardt leads Kenseth by 97 points and McLaughlin by 253.

TOP TEN

Weekly rankings by NASCAR. This week's writer Monte Dutton. Last week's ranking is in parentheses.

1. Jeff Gordon (1)
2. Mark Martin (2)
3. Jeff Burton (3)
4. Dale Jarrett (4)
5. Bobby Labonte (5)
6. Rusty Wallace (6)
7. John Andretti (7)
8. Ernie Irvan (8)
9. Dale Earnhardt (9)
10. Ricky Rudd (10)

ON THE SCHEDULE

Date	Race	1997 Winner	Pole
Oct. 11	Winston 500, Talladega, Ala.	T. Labonte	Irvan
Oct. 17	Pepsi 400, Daytona Beach, Fla.	Andretti	Skinner
Oct. 23	Dura-Lube 500, Avondale, Ariz.	Hamilton	Hamilton
Nov. 1	AC-Deco 400, Rockingham, N.C.	B. Labonte	G. Bodine
Nov. 8	NAPA 500, Hampton, Ga.		

FEUD OF THE WEEK

Ernie Irvan vs. Dick Trickle

Trickle, not in contention, slipped up the banking in turn two on lap 272, inadvertently putting Irvan, running sixth at the time, into the wall. Said Irvan: "It's pretty senseless that a lapped-car tries to run with the leaders."

"I really hate it," replied Trickle, "but for some reason my car wouldn't slow down, it

wouldn't turn, and I got into the wall and started the whole wreck."

NASCAR This Week writer Monte Dutton gives his opinion: "Ivan was in contention late in the race, and for him, getting in a wreck that wasn't his fault was a bitter pill to swallow."

FROM THE ARCHIVES:

The rich history of NASCAR Legend has it that James Hylton found himself some superior tires and didn't pay a dime for them. At Talladega in the summer of 1972, Hylton discovered that the tires from the previous year were faster than the new ones Goodyear brought to the race track. Using the old rubber, Hylton won the only super-speedway event of his career, driving a Mercury with his trademark No. 48 to victory lane.

Television coverage has come a long way for Winston Cup

By Monte Dutton
NASCAR This Week
CONCORD, N.C. — Have you any idea how far this sport has come? Well, let me give you one example.

Twenty years ago, NASCAR could not even get television to broadcast all of one event, much less televise the entire schedule.

The first live, flag-to-flag coverage of a modern Winston Cup event was the 1979 Daytona 500.

Now they televise "happy hour," for gosh sakes.

Happy hour is the final Winston Cup practice session,

typically held on Saturday afternoon following the Busch Grand National race.

On Saturday, WTBS stayed on the air for happy hour, with its reported breathlessly reporting from the garage area on every turn of a wrench as teams honored their efforts for Sunday.

Let's put this in perspective. What of the National Football League was covered in this manner? Can you imagine Don Criqui and Matt Miller describing the final practice?

"Coach Chan Gailey is calling for the punt return team. What's that like?"

"Well, basically, Don, this is just a drill where the coach makes sure everybody who is supposed to be on the field actually goes out there."

"And sure enough, wouldn't you know it... there are only 10 on the field! Let's go down to Lesley Visser and see what the problem is."

"Well, Don and Matt, it seems that Leon Lett is supposed to be on the field, but when Coach Gailey made the call, Lett was playing dominoes with several of the water boys."

"Thanks, Lesley. Now here's Jim Gray with Chan Gailey,

coach of the Cowboys."

"Chan, what's this say about your team's level of preparation, that one of your players apparently doesn't know he's on the punt return team?"

"Well, Jim, I'm concerned."

"Concerned about whether you'll be able to win tomorrow's game with Denver?"

"Heck no, I'm concerned that our water boys make minimum wage, and it's not fair for a millionaire defensive tackle to be robbing them of every square dime."

"As usual, the Cowboys are torn by dissension. Back to you, Don and Matt."

THE WINSTON CUP CIRCUIT

THE WINSTON CUP SERIES

COMING UP: Winston 500

WHERE: Talladega (Ala.) Superspeedway

WHEN: Sunday,

Oct. 11

DEFENDING CHAMPION: Terry Labonte

RECORD: Bill Elliott, Ford, 209.005 mph, July 24, 1986.

RACE RECORD: Ernie Irvan, Chevrolet, 176.309 mph, July 23, 1992.

OTHER FORMER

WINNERS: Dale Earnhardt has won seven races at Talladega, three more than any other driver. Darrell Waltrip, still active, is one of three drivers with four. Bill Elliott, Ernie Irvan, Terry Labonte, Sterling Marlin



T. Labonte

ALMOST HOME COOKING

You just think you don't like fried pickles. The aforementioned is a specialty, along with cornbread, at Top of the River, a popular Anniston, Ala., eating place. Try the world's largest seafood platter, or the medley of differently prepared barbecued ribs.

and Mark Martin are active drivers with two.

NOTABLE: Jeff Gordon, Jeff Burton, Dale Jarrett, Earnhardt and Jeremy Mayfield are the eligible drivers for the latest Winston No Bull Five \$1 million bonus. Gordon has won it twice this year.

CRAFTSMAN TRUCK SERIES

COMING UP:

Kragen/Exide 151

WHERE: Sears Point

Raceway, Sonoma,

Calif.

WHEN: Sunday, Oct. 11

DEFENDING CHAMPION: Joe Ruttman

TRACK QUALIFYING

RECORD: Dave

Razendes, Ford,

91.026 mph, Oct. 4, 1997.

RACE RECORD: Ruttman, Ford, 70.199

mph, Oct. 5, 1997.

OTHER FORMER WINNERS: Razendes

and Ron Hornaday have also won.

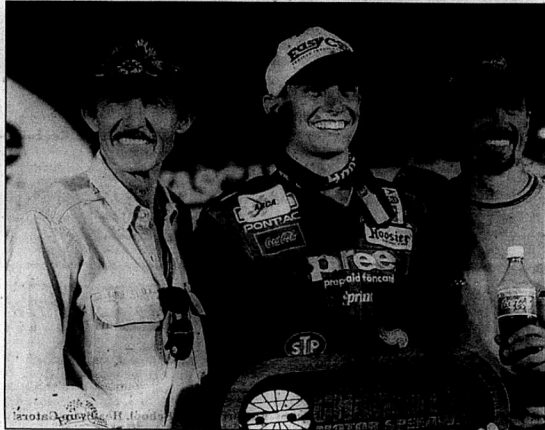
NOTABLE: Hornaday, Razendes and Mike Skinner have won poles at the course, which is located in the Napa Valley north of San Francisco.



Earnhardt

PROFILE

Adam Petty



Adam Petty, center, with his famous grandfather, Richard, left, and father Kyle at Charlotte Motor Speedway Friday.

By Monte Dutton

NASCAR This Week

Adam Petty is well on his way to becoming the fourth generation of a family to make it big in stock car racing.

Adam's great-grandfather Lee Petty won 55 races and three championships. His grandfather Richard Petty won a record 200 races and seven titles, and his father, Kyle Petty, remains active on the Winston Cup Series with eight career victories.

Like Kyle, Adam won the first Automobile Racing Club of America race in which he ever competed. Last week he won the EasyCare 100 on Pole Night at Charlotte Motor Speedway.

In 1979, Kyle Petty won the ARCA 200 at Daytona. This year Adam has been

competing regularly in the Midwest on the American Speed Association circuit, where he had one victory and two poles.

HOMETOWN: High Point, N.C.

AGE: 18

MARITAL STATUS: Single

DID YOUR FATHER

REMINISCES WITH YOU

ABOUT HIS FIRST ARCA

VICTORY? "He told me

when he won his, he was

out of control. Was he 18?

Same age as me. He was an

18-year-old kid, and they

turned him loose going 200

miles an hour. What else is

an 18-year-old kid gonna

do? He's gonna mat it (push

the accelerator to the floor)

and go."

WHAT IS IT LIKE BEING

RICHARD PETTY'S

GRANDSON AND KYLE

PETTY'S SON? "My dad and I are really close. My grandfather Richard came from the old school, the school of hard knocks, where you let a kid learn on his own. I think my dad saw that and wanted to do things a little different, which I'm fortunate enough it was me. I can't say enough about my dad. He's had hard times in his racing life, but he's always been there for me."

WHAT DID RICHARD

TELL YOU WHEN YOU

WON AT CHARLOTTE? "He

gave me a hug in victory

lane. That was the first time

I've ever got a hug from

him. He said I did a good

job, but we're gonna talk

about how much I scared

him over there on the back

straight."

YOUR TURN

Letters From Our Readers

Dear NASCAR This Week,

Several weeks ago you ran an article about David Pearson and Darlington Raceway.

Being an avid David Pearson fan, I would like more information about what to do to ride around the Darlington track with him and have some photos taken with me and the Silver Fox.

Noel Rose
Mount Olive, N.C.

Dear Noel,

Call Darlington Raceway at 843-395-8499.

Dear NASCAR This Week,

I am from a small town. I read NASCAR This Week every week. All I ever read is people who are against Jeff Gordon. I think the problem is that other NASCAR fans are really just jealous of Jeff Gordon. He is a young guy and already has won two Winston Cup championships, and in my opinion, he will have the third. P.S. NASCAR fans, get used to it.

Tom Smith
Louisia, Ky.

If you've got a question or a comment, write: NASCAR This Week, Your Turn, c/o The Gaston Gazette, 620 E. Franklin Blvd., Gastonia, N.C. 28054

CREW OF THE WEEK

Tom Baldwin Jr. and the MBNA Pontiac crew came together to give Ward Burton the support he needed to score his best finish of the season, a second in the UAW-GM Quality 500 at Charlotte Motor Speedway.

ON THE MARKET

Racing Electronics is touting its new RE2000 Alpha as the "first purpose-built scanner for the motorsports fan." Instead of manually programming in scanner frequencies for each team, the Alpha can be programmed from most home computers in a matter of seconds. It sells for \$299. For more information, call 800-272-7111.

RACING ON THE WEB

Charlotte Motor Speedway's new Web page is one of the most extensive of any NASCAR track you'll be surprised at the information about all the activities going on at CMS. Legends and Bandolero racing, Speedway Cup auto tours and the Richard Petty Driving Experience, just to name a few.

All The Way!



SUNPHOTO by Big "A" Vereen

Glades Central Raider football players Clarence Laws, Dwight Jackson and Antonio Thomas played an outstanding defensive game recently.



SUNPHOTO by Trey Alano

Glades Day Gators line up just before the games against Frostproof ends. They suffered a loss, but the Gators will pick up the pieces and will be better prepared for Friday's game against St. Edward's High School. Head's up Gators!

High School Football Schedules

Glades Central High School - 4A

Date	Site	Opponent	Own Score	Opp. Score	Win-Loss
09/03/98	H	Royal Palm Beach High School	48	0	W
09/18/98	A	Clewiston High School	14	0	W
09/25/98	A	Wellington High School			
10/02/98	A	Forest Hill High School	39	0	W
10/09/98	H	Fort Pierce Westwood High School			
10/16/98	H	Cardinal Newman High School			
10/23/98	H	Suncoast High School			
10/30/98	H	Olympic Heights High School			
11/06/98	A	Pope John Paul High School			
11/13/98	A	Pahokee High School			



Glades Day High School - 2A

Date	Site	Opponent	Own Score	Opp. Score	Win-Loss
09/04/98	H	LaBelle High School	48	0	W
09/11/98	H	Benjamin High School	23	20	W
09/18/98	H	Gulliver Prep School	21	6	W
09/25/98	H	John Carroll High School	41	0	W
10/02/98	A	Frostproof High School	14	38	L
10/09/98	H	St. Edward's School			
10/16/98	A	Gulf Coast High School			
10/23/98	A	King's Academy			
10/30/98	H	Key West High School			
11/06/98	A	Moore Haven High School			
11/13/98	A	Pahokee High School			



Pahokee High School - 3A

Date	Site	Opponent	Own Score	Opp. Score	Win-Loss
09/04/98	H	Wellington High School	24	16	W
09/11/98	A	Dwyer High School	26	0	W
09/18/98	A	Suncoast High School	44	0	W
09/25/98	H	Jupiter Community High School	62	0	W
10/02/98	A	Atlantic High School	30	0	W
10/09/98	A	Royal Palm Beach High School			
10/23/98	H	Pope John Paul High School			
10/30/98	H	Forest Hill High School			
11/06/98	A	Cardinal Newman High School			
11/13/98	H	Glades Central High School			



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Water/sewer rates to increase in Belle Glade

By Brenda Bunting
Editor

Water and sewer rates will be going up for Belle Glade residents. They will see a 12% increase on their November bill.

Belle Glade City Commissioners will pass a second reading on the measure at the Oct. 19 City Commission meeting.

City Finance Director Dave Wood said the increase is necessary to cover major water and sewer improvements in the

city. The city is in the process of making an \$8 million improvement at the wastewater treatment plant, and the city's deep well injection project is costing another \$1.9 million.

The water plant is also undergoing a \$2.7 million improvement, said Mr. Woods. Many of the improvements are mandated by the Federal government and have been financed through state revolving loans at a low interest rate of

2.6 percent, said Mr. Wood.

The minimum monthly rate for units which use between 0 to 2,000 gallons a month will go up to \$19.04 and over 2,000 gallons to 12,000 will cost \$2.35 per 1,000 gallons or part, per unit.

Mr. Wood said according to a rate study done in 1995 by Barker, Osha and Anderson, the city should have increased rates by 7% in 1995, 15% in 1996 and by 20% in 1999.

Family First/From Pg. 1

reluctant to do it because they feel that it requires such a huge commitment."

I happen to think we have the opposite problem. In a very real sense, we as a society don't take parenting seriously enough. Thousands of kids are being born into homes where the parents are missing in action. They have either left entirely or abdicated their responsibilities to their kids. Unwittingly they have embraced Harris' advice that parenting doesn't require a huge commitment, and the human toll is evident everywhere.

Hundreds of studies over the years have consistently shown that children from broken and abusive homes have higher rates of suicide, sexual activity, drug use, criminal activity, and poverty. They also perform less well academically. These studies are often controlled for so-

cioeconomic status. In other words, the link between broken homes and these social maladies happens in all of our communities, not simply poor neighborhoods. To say parenting doesn't matter flies in the face of our national experience.

But Harris' philosophy will be popular in some circles because it lets destructive parents off the hook. It's for this reason Temple University psychologist Frank Farley calls her conclusion "premature and potentially dangerous." If her book sells well, he told *USA Today*, many parents may say, "We can't influence them anyway, so why try?"

Harris is right in one sense: Peer pressure does shape kids. Parents can and do influence what children think and do. But what Harris forgets is the central role that parents play even in this aspect of their life: Good parents work to protect their kids from bad influences.

They try to prevent bad kids from influencing their children. If children are spending time with troublemakers after school and starting on a life of crime, oftentimes it's the parents who have failed to intervene and prevent their children from being negatively influenced.

Certainly parents don't deserve all the credit if their child grows up to win a Nobel Prize, just as they don't deserve all the blame if they grow up to be killers.

Bad things happen to good parents, but arguing that parents have no effect on how their children develop goes too far. Parents do matter. If you're still not convinced, ask a child who doesn't have one.

Mark W. Merrill is president of Family First, an independent, non-profit research and communications organization. He is also the father of three.



UNITED IN A COMMON GOAL...Members of the Vision to Action team met over a three day period last week to discuss goals and objectives for the Glades area. Over 150 participants brainstormed during intense workshops held at the Dolly Hand Cultural Arts Center on Thursday, Friday and Saturday. Sponsored by the Glades Community Development Corporation, the program included speakers and an overview of the conference. Ester Berry chaired the Vision to Action Steering Committee and Mary Kendall was the Acting on the Vision Project Chair.

Glades Day Gator Tales

By Donna Dixon and Stephanie Stein

Glades Day's student body took on a different look this week as they dressed in pajamas, camouflage, beach bum and spirit wear for homecoming's Spirit Days. One of the favorite days was Graffiti Day, when everyone dressed in old T-shirts and jeans and scribbled on their classmates' clothes.

After the JV football game tonight, GDS will hold another year of Gator Growl in the school's gym. The homecoming court as well as Class Mr. & Miss for grades 7-12 will be presented at this pep rally. Another highlight will be a Basketball Shootout, sponsored by the National Junior Society. They are helping to raise money for the American Heart Association. Three teachers are in the running for this year's competition: NHS sponsor Mrs. Sharon Baumgartner, Coach Eric Pitts and Coach Craig Dobson. The two who raise the most money through student donations (by today) will face each other during Gator Growl, tonight. Come join the crowd, show your spirit and support the Gators!

Unfortunately, due to another mosquito (encephalitis) alert, Friday's homecoming parade was canceled. However, grades 7-12 will still compete by building lawn floats in the school's courtyard on Friday. Students will be exposed

from classes at 10 a.m. Friday to build the floats, and then school will be dismissed at noon.

Homecoming festivities continue Friday night with the court presented to the crowd at the football game, and the queen will be crowned during halftime ceremonies. The winners of the lawn float competition will also be announced sometime during the game. Afterwards, a dance for grades 9-12 will be held in Tripp Hall from 10:30 p.m. until 1:30 a.m. Those who haven't bought their tickets to the dance yet may save some money if they get them by tomorrow morning. They are \$5 in advance; \$10 at the door.

Senior superlatives were voted on recently and the results are as follows: *Best All Around* - Kit Hamilton, Amy Hendricks; *Most Intelligent* - Derek Lamb, Brooke Prescott; *Friendliest* - Josh Crawford, Stephanie Terrill; *Most Service to School* - Donnie Scruggs, Julie Baumgartner; *Most Athletic* - Boo Baez, Cristina Lockhart; *Most Likely to Succeed* - Eddie Motis, Crystal Brown; *Wittiest* - Ronald Rimes, Jodi Benson; *Most School Spirit* - Boo Baez, Dena Wood.

Monday, October 12, is a school holiday in honor of Columbus Day. Enjoy the time off!

Pioneer Park Elementary



On Wednesday, September 9, Pioneer Park Elementary in Belle Glade held their Open House. This year they tried something different. To actively engage parents in their child's learning, the Open House was held during

the school day from 4 a.m. to 1 p.m.

With parents present, the Safety Patrols were installed by Officer Duttonhouffer. Parents attended classes with their children, and then together during a free luncheon they enjoyed door prizes, a school uniform fashion show, an overview of the "Parent Center" and a partnership with the Bank of Belle Glade. Lunch tables had books to read and curriculum materials to review. The Boys and Girls Club sang "I Believe I Can Fly" and afterwards parents received information about curriculum, discipline, school goals, and state testing.

Over 350 parents of the 680 students attended with standing room only. Together, parents, community, businesses, and staff members made this day a success for the children at Pioneer Park



SUNPHOTO by Brenda Bunting

PEE WEE FOOTBALL WAS PLAYED SATURDAY at Pioneer Park in Belle Glade. Deputy Rick Dempsey is shown announcing while Sharon Thomas (L) and Sandra Walker (R) stay cool under an umbrella. In the Junior Pee Wee Division, the Royal Palm Beach Jaguars beat the Okeechobee Bulldogs 13-6. The South Bay Chiefs played the Okeechobee Center team tying 13-13 and the Midgets of Okeechobee Center Bull Dogs beat the South Bay Chiefs 7-0. In the Pee Wee Division, the Royal Palm Beach Jaguars beat the South Bay Chiefs, 27-6.

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Publishers/From Pg. 1
vertising department as well as coordinating with other existing department leaders. In addition to the community daily, the Okeechobee News also publishes the Okeechobee Advertiser and two monthlies: Okeechobee County Business Focus and Lake Okeechobee Real Estate Magazine. Ms. Kasten is a graduate of State University of New York. She has a son and daughter and three granddaughters.

"We are very pleased to have these two members of our Florida team move to a higher level of responsibility," said Richard Hitt, president of Independent Newspapers of Florida. "They are both talented leaders who will help these papers become even better at serving their communities."

Mr. Hitt had previously served as publisher of all the papers. The advancement of Mr. Faunce and Ms. Kasten to publisher level is intended to allow individual attention to the continued development of their papers. There are no other personnel changes at any of the papers.

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dents, 800-338-6428. FCAN. 10/8

Graphic Artist Needed

to build ads and
layout news pages.
Experience required.
Apply in person at the
Clewiston News 626
W. Sugarland Hwy.
(941) 983-9148

DRIVER...R. E. GARRISON
HAS immediate openings for
van & referrals to all points.
Has lease/purchase options
available. Call Don @ 800-
643-3472. FCAN. 10/8

CASHIERS WANTED
IMMEDIATE OPENING
FOR HIGHLY MOTIVATED
RESPONSIBLE, RELIABLE,
PATIENT AND FRIENDLY
INDIVIDUAL.
APPLY AT ANY
K COUNTRY LOCATION

DRIVER...SWIFT TRANS-
PORTATION now hiring driv-
ers for our new Ocala, FL
terminal. Excellent pay, com-
plete benefits, assigned
equipment, consistent miles,
job stability. 888-878-5283
(coe-m/f) FCAN. 10/8

EARN MONEY READING
BOOKS! \$30,000/yr. income
potential. Details, 800-513-
4343, ext. Y1616. FCAN. 10/8

ENTRY LEVEL ACCOUNT-
ANT: Okeelanta Corporation
has an opening for an entry
level professional accountant.
Minimum requirements
include an Associates Degree
in a Business discipline,
Previous experience and
demonstrated proficiency in
Lotus, Excel, Word, Power
Point and other applications a
plus. Must be willing and able
to work overtime, including
evenings. We offer competitive
salary and benefits packages.
Qualified applicants should
send their resume to:
Human Resources Director

Okeelanta Corporation
P.O. Box 86
6 miles south of South Bay
South Bay, FL 33493 10/8

EXPERIENCED EXECUTIVE
Director needed. Administers
infill, 103 multi-family units/
rehabilitation programs. Mail
to: C. H. I., P.O. Box 410522,
Melbourne, FL 32941-0522/
fax 407-253-1575. Deadline,
10/23/98. FCAN. 10/8

EQUIPMENT OPERATOR:
Lykes Bros., Inc., Southern
Operating Division, has
immediate opening for one
equipment operator at our
sugar cane farm. Must have
at least one year prior experi-

ence driving equipment uti-
lized in sugar cane farming,
and have valid driver's
license. Accepting applica-
tions Monday-Friday, 8AM-
3PM at:

Lykes Bros., Inc.
Southern Operating Division
106 SW CR721
Okeechobee, FL 34974
A DRUG-FREE WORKPLACE
AA/EEO M/F/D/V 10/8

GENERAL MAINTENANCE
LABORER: The City of
Pahokee is currently accept-
ing applications for a general
maintenance laborer.
Applicants must possess a
valid driver's license and
must pass a drug screen.

BUSINESS & PROFESSIONAL SERVICES

FLORIDA FARM BUREAU INSURANCE COMPANIES
SOUTHERN FARM BUREAU INSURANCE COMPANIES
FARM BUREAU
INSURANCE
GLORIA W. MOONEY, LUTCF
Agent
Office: 561/996-3858
Home: 561/641-0923
Beeper: 561/326-5452
3019 State Road 15
Belle Glade, Florida 33430

BELLE GLADE
CHURCH OF CHRIST
125 N.W. Ave. D
Belle Glade, FL 33430
Minister:
GLEN HARRIS
(561) 996-3867

JUPITER
MORTGAGE
CORPORATION
Established 1984
11398 Okeechobee Blvd., Suite 2
Royal Palm Beach, FL 33411
Office (561) 798-5151
Fax (561) 798-5018
Voice (561) 936-2489
www.jupiter-mortgage.com
Email: jim@jupiter-mortgage.com

VIATICALS
36 months... 42%
24 months... 28%
12 months... 12%
A perfect
way to invest
the \$100,000+ in
no risk investments
RA ROLLOVERS OR INDIVIDUAL INVESTMENTS
\$10,000 Minimum
Call Billy R. Rowell
996 4127, Day & 924 7983 N. Jr.

HELP WANTED:
NAIL TECHNICIAN • HAIR STYLIST
STUDIO SALON
Walk-Ins Welcome.
OPEN 7 DAYS
Mon - Fri 10 a.m. - 9 p.m.
Sat 9 a.m. - 6 p.m.
Sun 12-5 p.m.
(561) 996-7149
136 S.E. AVENUE E, BELLE GLADE

OMNIPONT
100% Digital, 0% Harass.
No Credit Check
No Deposit
No Contract
Ask about Omnipoint's
• Prepay Options
• Other Bundled Minute Plans
• Long Distance Option
METRO BEEPER (561) 586-9497
6108 S. DIXIE HIGHWAY • WEST PALM BEACH, FL 33405

(561) 996-4404

Discover your own back yard

Prices include 6% Florida sales tax.
Fill out information on form and send check or money order to the
address below.

Palm Beach County
• 6 months - \$10.60
• 1 year - \$15.90
• 18 months - \$23.32
• 2 years - \$29.80

Out-of-County
• 6 months - \$21.20
• 1 year - \$31.80
• 18 months - \$46.64
• 2 years - \$59.36



The Sun

417 NW 16th St., Suite 6
Belle Glade, FL 33430

Name: _____
Phone: _____
Mailing Address: _____

FREE AD:

Miscellaneous items for sale
under \$2000. Call for info!

Classifieds

Special:

Run your ad four consecutive weeks, and
the last two weeks are half price!

Applications may be obtained
at City of Pahokee Personnel
Office, 171 North Lake
Avenue, Pahokee, EOE. 10/8

**GENERAL MAINTENANCE
MECHANIC:** Ft. Exp. nec.
Apply in person, Glades
General Hospital, 1201 S.
Main St., Belle Glade. 10/8

GET PAID \$15-\$30 per hour
processing insurance claims
for local doctor's office.
Complete training provided.
Computer and modem
required. Call 800-259-6661,
ext. 4. FCAN. 10/8

NOW HIRING

DELT MANAGER
MUST BE CERTIFIED
FOOD TECH.
Apply in person
1201 W. Canal St., N.
Belle Glade

GOVERNMENT JOBS. Now
hiring. \$16,000-\$68,000. Call
800-883-0819, ext. J400, for
current federal, state and
county lists. FCAN. 10/8

**GROCERY STORE DEMON-
STRATORS** needed Thurs-
day. Sun. \$6.50 per hour. Call
Serv Corp. 800-561-2677.
10/15

HELP WANTED: Men/women
earn \$450/650 weekly assem-
bling circuit boards/compo-
nents at home. Experience
unnecessary, will train.
Immediate opening. Call 520-
453-7993, ext. 01000. 10/8

**HONEST INCOME, \$300-
\$1000 WEEKLY** potential
Process FHA mortgage
refunds. No experience. Own
hours. Part-time/full-time.
Start now! 305-460-3259 or
800-645-7802, Dept. 92.
FCAN. 10/8

INSURANCE CAREER - Gen.
comm. w/unlimited potent. &
mgmt. opp. Ret. 401K, group
ins. No exp. nec.; we will
train. Est. Co., 1919, EOE.
M-F. Call 561-996-6261, ask
for Trey or call 561-478-
5660, ask for John. tfn

**LPNs & RNs: IS YOUR JOB A
PRISON SENTENCE?** Do you
enjoy working independently?
Come join EMSA Correctional
Care in Belle Glade at Palm
Beach County Jail. PT/PRN
positions, all shifts avail.
Flexible hours. Req. min. of 1
yr. clinical exp., FL license &
CPR cert. Exc. pay! Call 561-
688-4673. EEO/AA. 10/8

BURGER KING Assistant
Restaurant
Manager

Immediate opening for highly motivated, energetic
individuals at Burger King in Lake Worth. If you
are friendly, hardworking, and motivated to provide
excellent customer service, you are what we need. We
offer competitive wages, flexible scheduling, and a
great opportunity to grow your career. Apply in person
at 1919 E. US Highway 1, Suite 100, Lake Worth, FL 33460.
10/15

PART-TIME DRIVER. Patients
to doctor. Your car. No trucks.
561-624-1355. 10/8

SURVEYORS - Constr. lay-
out. Party chief & instr. per-
son. Call 561-792-9186 or fax
resume 561-792-9187, EEO,
DFWP, MFDV. 10/8

**TRUCK DRIVER TRAINEES
NEEDED!** Covenant Trans-
port has immediate openings
for entry level drivers. Earn
\$37K-42K. No experience
needed. Training provided
with TDI. 800-350-7364.
FCAN. 10/8

TYPISTS/PC USERS: Steady
work. Full-time, part-time.
\$45,000 per year earning
potential. Call toll-free, 800-
883-0819, ext. T400. FCAN. 10/8

MONROE Tree Service
Utility Line Clearance
Tree Service
Experienced Crew Leaders
Top Pay Benefits, drug-free, CDL,
EOE
Monroe Tree Service
1-800-333-8737

WOERNER TURF is in need
of experienced tractor drivers
for working in sugar cane and
sod. We are also in need of
sod stackers/harvester opera-
tors. Applicants should be
willing to be flexible with
duties and hours. For more
information, call 561-996-
1538, Mon.-Fri., between the
hours of 8AM-4PM. 10/8

Misc. for Sale

1974 TOYOTA FJ40, Chevy
V8, Holley four barrel carbure-
tor, full roll cage, new top
and good tires. \$2000 plus,
924-5541 or 924-2005. 10/8

**FACTORY DIRECT POOL
HEATERS:** Heat pump, solar
or gas. Major brands.
New/used. Do it yourself or
installed. Free phone quotes.
800-333-WARM (5276),
www.solardirect.com. FCAN.
10/8

FREE CLASSIFIEDS: Any
item for sale, priced under
\$2000 is FREE...for up to two
weeks. One item per ad, price
must be included, two ads
per customer. Ads will run
under our Miscellaneous
Items for Sale heading. Come
by or call The Sun at 417 NW,
16th Street, Suite 6, Belle
Glade, 561-996-4404. tfn

**"NOW ISN'T A GOOD TIME
TO STOP SMOKING."** But it is
a good time to start feeling bet-
ter. Get help at www.stop-
smoking.com. Serious treat-
ment for nicotine addiction
worldwide. FCAN. 10/8

STEEL BLDG BLOWOUT!
Save thousands, factory
direct. Arch and straightwall
designs. 20x24, \$2980;
25x30, \$3650; 40x60, \$7980.
Other sizes available. 12x21
carport, \$1995. 800-813-
1338. FCAN. 10/8

WEIGHT LIFTING EQUIP.
factory direct! Huge savings
on home gyms, Smith work-
out centers, leg presses,
much more. Gym quality.
U.S. made. Free brochure.
Toll-free, 888-547-7019.
FCAN. 10/8

Notices

ABSOLUTE AUCTION
Lawn Equip. *Trucks* Autos
Sat., Oct. 10, 9AM. View 8-9
821 N. Military Tr. W. Palm
Open to the public! Trucks,
18 auto tires and wheels,
shop equip., asst'd trailers,
complete steel building, John
Deere, Toro, Cub Cadet, Seag.
Lesso lawn tractors & riding
mowers, walk-behind mow-
ers, many are demos with

new warranties, 100s of trim-
mers, edgers, blowers, chain
saws, parts, Plus, office furni-
ture, parts counters & bins,
showroom fixtures, shelving
and much more!
Jim Graham Auction Co.
561-841-7181
AU300AB1521 10% Prem.
www.jimgrahamauction.com 10/8

COUNTRY AUCTION
2200 Ewell Rd., Lakeland
Friday, Oct. 16 @ 6pm
Entire antique estate!
Saturday, Oct. 17 @ 10am
All day events, displays &
country auction to include:
Buggies-Horses-Antiques
Call 800-257-4161
Higgenbotham Auctioneers
M. E. Higgenbotham, CAI
FL/AU305/AB158/10%BP
10/15

LIPOCOM AUCTIONEERING
(651) 659-7997 • Pager (561) 854-7997
10% Buyers Premium AUCTIONER REG. 10/8

AUCTION! Equipment & Vehicle
NOW ACCEPTING COUNTERMITS
FOR THIS AUCTION
Auction Site: 1696 Old Okaloosa Road
Suite 1G, West Palm Beach, FL 33401
Sat., Oct. 24th • Sale Time 10 a.m.
For Information Call
LIPOCOM AUCTIONEERING
(651) 659-7997 • Pager (561) 854-7997
10% Buyers Premium AUCTIONER REG. 10/8

DO YOU CARRY A GUN? Do
you carry a gun on your per-
son? Do you carry it in your
car? Do you have a State
CWP? Then you need this
important information! Call
561-753-1095. 10/29

LEGAL NOTICES

**NOTICE OF AVAILABILITY
OF GRANT FUNDS**
The Palm Beach County Board of County Commis-
sioners and Treasure Coast Health Council, Inc.
are making Free White CARE. All grant
funds available to assist agencies to expand existing
or develop HIV/AIDS related programs and
services. The purpose of this federal allocation of
funds is to provide for the care and treatment of
individuals and families with HIV disease.
The estimated amount to be received is \$5,308,057.

Priority have been established by the County
Commissioners supported HIV CARE Council for the
distribution of these funds. Grant proposals will be
available between the hours of 9 a.m. and 5 p.m.
from October 19-23, 1998 for these public, non-fer-
rile, and (in certain circumstances) private individ-
uals interested in providing the following services:

Direct Care	3,607
Medical Care	1,347
Case Management	13,34
Housing	8,79
Food, Medication, Nutritional Needs	4,52
Home Health Care	5,79
Transportation	1,34
Personal Health Assessment/Screening	4,52
Mental Health Counseling and Therapy	4,52
Substance Abuse Treatment	1,34
Transportation	1,34
Over Emergency Financial Assistance	1,34
Permanent Housing	1,34
Companionship Therapy	1,34
Emergency Financial Assistance	1,34
Counseling/Other	1,34
Health/Community Services	1,34
Program Support	0,25

Solely, Palm Beach County Board of County Com-
missioners and Treasure Coast Health Council, Inc.
of \$899,437 for CARE Council Support. Grant pro-
posals will be available between the hours of 9 a.m.
and 5 p.m. from October 19-23, 1998 for these pub-
lic, non-ferrile, and (in certain circumstances) private in-
dividuals interested in providing CARE Council Support.

Grant Proposals must be picked up no later than 5
p.m. October 23, 1998.

Department of Community Services
810 Duane Street, Suite 200
West Palm Beach, FL 33401

Should you have any questions regarding the grant
proposal, contact Mr. Edward L. Rich, Director,
Department of Community Services at 561-355-
4700.
Published: The Sun, October 8, 1998
Legal No. 98-133

Lots for Rent

FOR RENT: TRAILER LOTS -
\$120.00 per month. 996-
2690. tfn

Apartments

SOUTH BAY: 1BR, \$200;
2BR, \$275. Call B.J., 561-
487-8514. 10/22

APARTMENTS FOR RENT
10/24/98
307 BA \$200/month
2BR/2BA \$300/month
Call 926-3615

2BR/1BA, living room, \$200
security: \$320 per month.
Call after 5PM. 561-996-
1361. 10/8

Rooms for Rent

WALDESSA MOTEL: Daily/
weekly rates. 890 South Main
St. 996-3827. 8/12/99

Real Estate

COUNTRY CORNER. 5 acres,
only \$29,900. On paved road
in north Florida. Owner
financing. 800-294-2313, ext.
2336. A Bar Sales, Inc. FCAN.
10/8

GRAND OPENING SALE!
Lake view bargain, 5+ acres
w/boat dock, \$19,900.
Beautifully wooded, breath-
taking views, located at crys-
tal clear Tennessee mountain
lake. Next to 18-hole golf
course. Be first to see this
spectacular lake view prop-
erty. Grand opening: October
10, 11 & 12. Excellent financ-
ing. Call now, 800-704-3154,
ext. 9774. FCAN. 10/8

NC MOUNTAINS - Four acre
home site with a full view of
Lake Lure and the Blue
Ridge. Gated and secluded.
Near Asheville, \$45,000, 800-
521-6788, owner. FCAN. 10/8

**NORTH CAROLINA, LAKE-
FRONT** lots, mountain views.
Gated waterfront community.
2600-acre lake near Blue
Ridge Parkway. 1-3 acre
wooded lots. Only 10% down.
888-469-6996. FCAN. 10/8

REAL ESTATE AUCTION:
Beautiful mountain home
plus 8.73/- acres. Cashiers,
NC - Jackson County.
October 17, 11AM. Iron Horse
Auction Company, Inc.,
Rockingham, NC. 800-997-
2248. NCAL 3936. FCAN. 10/8

**WESTERN NORTH CAROLI-
NA** mountains. FREE
BROCHURE of properties and
homes. 800-438-8159.
Selling property for 20+
years. Raper Realty, Inc., P.O.
Box 619, Murphy, NC 28906.
FCAN. 10/8

Tanning

WOLFF TANNING BEDS: Tan
at home. Buy DIRECT and
SAVE! Commercial/home
units from \$199. Low month-
ly payments. FREE color cat-
alog. Call today, 800-842-
1310. FCAN. 10/8

Legal Services

DIVORCE \$150* Covers chil-
dren, property division, name
change, military, missing
spouse, etc. One signature
required. *Excludes govern-
ment fees, uncontested.
Paperwork done for you. 800-
462-2000. Budget Divorce.
FCAN. 10/8

Financial Services

A DEBT-FREE LIFE! Free
confidential help! Cut month-
ly payments. Reduce interest.
Stop collection calls. Avoid
bankruptcy. Nation's largest
nonprofit: Genus. Credit
Management, 800-295-7415.
FCAN. 10/8

CASH: IMMEDIATE \$\$\$ for
structured settlements and

deferred insurance claims.
J.G. Wentworth, 888-231-
5375. FCAN. 10/8

**CASH LOANS TO HOME-
OWNERS** only. Bad credit/
good credit. Cash for any rea-
son. 800-USA-MONEY. FCAN. 10/8

CREDIT CARDS! No credit
check! No security deposits!
No income requirements!
\$5000-\$10,000 credit limit!
Guaranteed approval! Must
be over 18 - have checking
account. 800-929-8818.
FCAN. 10/8

**HOMEOWNERS! DEBT CON-
SOLIDATION!** Borrow
\$25,000-\$100,000. Too many
bills? Home Improvements.
Apply by phone/24 hour
approval. NO EQUITY
REQUIRED. PLATINUM CAP-
ITAL: 800-523-5363/open 7
days. FCAN. 10/8

NEED CASH? I buy old coins,
guns, and pocket watches.
Call 561-996-9400. tfn

NO DOWN PAYMENT?
Problem Credit? Own the
home you need now, without
a big down payment.
Complete financing if qual-
ified. DeGeorge Home Alliance
800-343-2884. FCAN. 10/8

REFINANCE & SAVE \$100s
each month. Consolidate
debt, improve your home or
get needed cash. Custom pro-
grams for every need. Good &
problem credit, no-income
verification, self-employed &
bankruptcy. 24-hour pre-
approvals, quick closings,
competitive rates. We bend
over backwards to approve
your loan! FAIRBANK MORT-
GAGE, 888-577-8671, ext.
552. FL Lic. ML9700547.
FCAN. 10/8

**REFINANCE FAST, EASY &
over the phone!** Need a sec-
ond chance? Credit prob-
lems? OK! Foreclosures? OK!
Starting under 7% APR.
8.973. Call Platinum Capital,
800-699-LEND. Nationwide
lender. www.platinumcap-
ital.com. FCAN. 10/8

Freebies

• For a free copy of "Let's
Connect: A Guide to
Communication-Friendly
Parenting," send a self-
addressed, 32-cent stamped
regular business envelope to
Philips "Let's Connect: A
Guide to Communication-
Friendly Parenting," P.O. Box
7725, Melville, NY 11775-
7725. You can also visit the
Web site at www.philipscon-
sumer.com/letsconnect.

• For a great selection of com-
fortable, casual clothing,
many women turn to the
Sloppy Joys catalog. They
offer women's casual styles in
sizes 4 to 22, all made in the
USA and guaranteed for sat-
isfaction. For free catalog -
and a 25 percent off coupon -
call toll free, 1-800-637-1734.
• A new Web service,
ProLaunch, helps make it
easier to discover the best
sites on the Internet. To join
the free service, go to www.
prolaunch.com and fill out a
form that highlights your
individual interests such as
sports, wine, investing or par-
enting.



REAL ESTATE

CURTIS A. THOMPSON, JR.
RE/MAX 100
1005 Southern Blvd.
Royal Palm Beach, FL 33411
561-795-8533 or
561-996-5623

**Reduced 3BR/2BTH EXTRA
LARGE LOT 3 ACRES** located
with full trees ONLY
\$69,000.

Duplex
1 BR/1BTH EACH
PLUS SINGLE FAMILY HOUSE
needs some TLC great buy
at \$39,000.

3BR/2BTH HOME CBS
CONSTRUCTION on large lot,
Privacy fenced back yard
with storage shed asking
\$86,500.00

POOL HOME
Large 3BR/2BTH BRICK
exterior with 3/4 car por-
t and large covered
patio facing screened
pool with fenced back
yard. Price Reduced

**PLACEMENT IN OUR REAL
ESTATE SECTION
CALL US AT:**

THE SUN
(561) 996-4404



The Sun
417 NW 16th Street
Suite 6
Belle Glade, FL 33430

Ford Factory Authorized

'98 MUSTANG
\$14,900*

*Offer good from Ford on select models only.



'98 EXPLORER SPORT
Lease for \$299 a month for 24 months
or Buy for \$19,995 MSRP*


*Payment based on a 24-month closed-end lease with approval from Ford Credit. Some payments higher, some lower. First month's payment, \$2,500 down payment plus tax, tag and \$250 refundable security deposit due at inception. Total of payments: \$7,176. Option to purchase at lease end: \$12,609. 12,000 miles per year, \$15 per mile thereafter. Lessee responsible for excessive wear and tear. Offer valid on 2-dr Explorer Sport with PEP Package 931-A.

Clearance.

'98 WINDSTAR • \$1,500 Cash Back
or 0.9% Financing for 48 months.*

*Cash back from Ford.
Financing offer with approval from Ford Credit.





For the health of your family, put your trust in the best of hands... at Palms West Hospital.

At Palms West Hospital, we treat all our patients like family. We're a neighborhood hospital providing the warm, personalized care you want, as well as the expertise and state-of-the-art technology you need.

The people of our community rely on us for all their healthcare needs. They value the supportive, long-term relationships they share with us. And they depend on our friendly staff of skilled physicians to give them the compassionate care they deserve.

***Featuring An Exceptionally Qualified Team
Of Dedicated Healthcare Professionals
Providing:***

- 24-Hour Pediatric Emergency Care
- Pediatric Intensive Care
- Women's Services
- Diagnostic Cardiac Services
- Vascular Laboratory
- Inpatient and Outpatient Surgical Services
- Community Outreach Programs
- Plus Many Other Services and Specialties

**In a 1997 Gallup Poll of patients,
Palms West Hospital was rated**

- #1 in Emergency Departments
- #1 in Same Day/Outpatient Surgery
- #2 in Testing and Treatment

Palms West Hospital

"Commitment to Care and Service"

13001 Southern Blvd., Loxahatchee, FL 33470
(561) 798-3300

Palms West Medical Plaza

1200 South Main Street, Belle Glade, FL